SEP: 18 2001

# GRANDE PRAIRIE REGIONAL COLLEGE DEPARTMENT OF PHYSICAL EDUCATION & ATHLETICS

## PE 2940 A Conceptual Approach to Physical Activity

### Course Outline Fall 2001

### I. General Information

Instructor:

Class Time:

Harry Stevens

Office:

K218

Phone:

539-2974 Tues-Thurs 11:30 am - 12:50 pm

Room J228 & Gym

Credit:

3.0 Credits

Equivalent to PEDS 294 (3 credits) -- U of A.

Jr KNES option(3 credits)— U of C. 1 unspecified Educ(3 credits)— U of L.

### II. Course Objectives

- To study the common concepts of movement with emphasis on practical application in a variety of physical education activities.
- To provide students with practical opportunities for movement analysis.
- 3. To experience a variety of teaching styles.
- To develop a conceptual approach to teaching sport skills that attend to learning in the cognitive, affective, and psychomotor domains.

#### III Resources

Required Text:

Seidel, B., Biles, F, Figley, G. & Neaman, B., 1992. Sports Skills: A Conceptual Approach to Meaningful Movement Dubuque, Iowa; WM. C. Brown

Custom Courseware- U of A: PEDS 294 - A1 course text and materials, 1998.

### IV Class Format

Regular attendance and participation are expected at <u>ALL</u> sessions as much of the information provided cannot be obtained in any other way. Students who miss more than 10% of the total number of classes may <u>NOT</u> be granted permission to write the final exam, and/or asked to withdraw from the course. Students who miss class due to medical reasons <u>MUST</u> present medical verification to their instructor. Last day to withdraw with permission is November 2, 2001.

### Course Outline

a) Assignment Video	=20%
b) Teaching Session	=30%
c) Unit Quizzes & Test (s)	=50%

The final quiz may be scheduled in the final exam period (Dec. 10 - 19)

Please note all late assignments and papers will receive a 10% deduction for each day late. This rule will be strictly adhered to on any work submitted after 4:30 p.m. on the due date.

Dress in appropriate clothing and footwear (ie. shorts and T-shirts, track suit, running shoes, gymnastics slippers, or barefoot (no socks only) for all gymnasium sessions.

The golf course has a dress code that must be followed; check with the instructor. If you are improperly dressed you will not be allowed to participate.

# PE 2940 SCHEDULE '01

Date	Content	Location
September 6	Introduction	Classroom
September 11	Chapter #1-2, putting to swing	Classroom/gym
September 13 September 16 September 18	Golf, putting, chipping, Chap #2 SA Golf Tourney Golf "pitching, "the Swing"	Gymnasium Fairview Gymnasium
September 20	Golf "Par 3 Play"	Wee Links
September 25	Golf at Range "The Shot"	GPGCC
September 27	Golf "The Score"	GPGCC
October 2	Quiz # 1	Classroom
October 4	Teaching Demonstration	Gymnasium
October 9	College Closed	
October 11	Video, Motion Factors, Chap #3	Classroom
October 16	Chapter # 4	Classroom/ Gymnasium
October 18	Chapter #5	Gymnasium
October 23	Quiz # 2	Gymnasium
October 25	Group #1	Gymnasium
October 30	Group # 1 Continued	Gymnasium
November 1	Group # 2	Gymnasium
November 6	Group #2 Continued	Gymnasium
November 8	Group # 3	Gymnasium
November 13	Group # 3 Continued	Gymnasium
November 15	Group # 4	Gymnasium
November 20	Group # 4 Continued	Gymnasium
November 22	Group # 5	Gymnasium
November 27	Group # 5 Continued	Gymnasium
November 29	Group # 6	Gymnasium
December 4	Group # 6 Continued	Gymnasium
December 6	Quiz # 3	Classroom