

**GRANDE PRAIRIE REGIONAL COLLEGE  
DEPARTMENT OF PHYSICAL EDUCATION & ATHLETICS**

**PE 2940  
A Conceptual Approach to Physical Activity**

**Course Outline Fall 2004**

**I. General Information**

**Instructor:** Harry Stevens  
**Office:** K218  
**Phone:** 539-2974  
**Class Time:** Tues–Thurs 16:00 pm – 15:20 pm  
Gym and classroom TBA

**Credit:** 3.0 Credits  
Equivalent to PEDS 294 (3 credits)--U of A.  
Jr KNES option(3 credits)-- U of C.  
1 unspecified Educ(3 credits)-- U of L.

**II. Course Objectives**

1. To study the common concepts of movement with emphasis on practical application in a variety of physical education activities.
2. To provide students with practical opportunities for movement analysis.
3. To experience a variety of teaching styles.
4. To develop a conceptual approach to teaching sport skills that attend to learning in the cognitive, affective, and psychomotor domains.
5. To create a safe learning environment.

### III Resources

Required Text: Seidel, B., Biles, F, Figley, G. & Neaman, B., 1992. Sports Skills: A Conceptual Approach to Meaningful Movement Dubuque, Iowa; WM. C. Brown

Custom Courseware- U of A: PEDS 294 - A1 course text and materials, 2004.

### IV Class Format

1. Regular attendance and participation are expected at ALL sessions as much of the information provided cannot be obtained in any other way. Students who miss more than 10% of the total number of classes may NOT be granted permission to write the final exam, and/or asked to withdraw from the course. Students who miss class due to medical reasons MUST present medical verification to their instructor. Last day to withdraw with permission is November 5, 2004.

#### Course Outline

a) Assignment Video	20%
b) Teaching Session	30%
c) Unit Quizzes & Test (s)	50%

The final quiz may be scheduled in the final exam period (Dec. 13 - 21)

Please note all late assignments and papers will receive a 10% deduction for each day late. This rule will be strictly adhered to on any work submitted after 4:30 p.m. on the due date.

Dress in appropriate clothing and footwear (ie. shorts and T-shirts, track suit, running shoes, gymnastics slippers, or barefoot ( no socks only) for all gymnasium sessions.

The golf course has a dress code that must be followed; check with the instructor. If you are improperly dressed you will not be allowed to participate.

Notify instructor if you have any allergies or medical conditions.