

GRANDE PRAIRIE REGIONAL COLLEGE

DEPARTMENT OF PHYSICAL EDUCATION AND ATHLETICS

PE 294 - INTRODUCTION TO MOVEMENT ACTIVITIES OF YOUTH

COURSE OUTLINE - 1991 Winter Semester

PURPOSE:

This course is an introductory course for Education undergraduate students with a major/minor in physical education in the study of movements education at the secondary school level. That is, the heuristic (or guided discovery) approach to teaching physical education at the junior/senior high school level. It is a one semester lecture course with practical application classes allowing students an opportunity to practice teach using this advanced teaching style. Successful completion of this course earns the student three (3) credit hours from Grande Prairie Regional College.

GENERAL:

Instructor: Gordon Montford Office: K219 Telephone: 539-2901

Office Hours: Monday and Wednesday - 9:00 to 11:00 AM and
Thursday 1:30 to 3:30 PM

Class Schedule: Mondays, Wednesdays and Fridays, 1:00 to 1:50 PM in
Portable "B" or gymnasium as directed by the instructor.

Class Attendance:

Attendance is essential for this course, particularly during the gymnasium teaching sessions. Students are expected to attend and participate in all scheduled classes. It is the policy of the Department of Physical Education and Athletics that: *unexcused absences in excess of 10% of the total number of classes for a course (4 classes in this course) a student 'may' be forbidden to write the final examination. It is this instructor's practice that if you have five (5) or more unexcused absences you will not be allowed to write the final examination.

University Transfer:

University of Alberta	PE 294 = PESS 294	(3 credit hours)
University of Calgary	PE 294 = PHED Option	(3 credit hours)
University of Lethbridge	PE 294 = 1 Unspec. EDUC	(3 credit hours)

COURSE DESCRIPTION

Physical Education 294 is an Education course to familiarize aspiring teachers with the methods of teaching physical education at the secondary school level. Emphasis will be placed on introducing the "concept of movements education" as a way of teaching physical education. Several teaching methods will be investigated with the goal being to make physical education class a meaningful learning experience for secondary school students. In addition, students will be tasked with teaching one or more physical education classes with their classmates as students.

COURSE OBJECTIVES

At the completion of this course the student will be able to:

1. Describe using multiple choice, matching, short answer and/or essay type questions on a written examination the "concept of movement" approach to teaching sport skills at the secondary school level;
2. Describe using multiple choice, matching, short answer and/or essay type questions on a written examination the concepts of motion, speed and velocity, force, acceleration, friction, inertia, levers, conservation and transfer of momentum, fluid resistance, lift, drag and equilibrium as they apply to human movement and implements used in sports;
3. Recognize the concepts (listed in 2. above) portrayed in diagrams or pictures as they apply to human movement;
4. Write a "movement" concept and a learning objective given an appropriate situation and specific conditions on a written examination; and
5. Demonstrate the "Movements" concept in a 35 minute practice teaching lesson.

EVALUATION

The course grade will be determined as follows:

<u>Class Assignments</u>	(55 Marks)	MARKS ALLOTTED
Classroom writing assignments		15.0
Course written project		20.0
teaching assignment		20.0
<u>Course Tests</u>	(45 Marks)	
Mid-term test		15.0
Final examination		30.0
TOTAL		<u>100.0</u> marks