

DEPARTMENT OF PHYSICAL EDUCATION AND ATHLETICS
GRANDE PRAIRIE REGIONAL COLLEGE
P.E. 3070 - GROWTH AND DEVELOPMENT
Course Outline: Fall 1998

OCT 27 1998

INSTRUCTOR: Bethe Goldie
OFFICE: K216
OFFICE PHONE: 539-2972
HOME PHONE: 532-6348

CLASS SCHEDULE: MWF 11:00 - 11:50 am: in Room J228

TRANSFERABILITY: PEDS 307 (3) - University of Alberta
KNES 355 (3) - University of Calgary
PHED 2630 (3) - University of Lethbridge

ATTENDANCE AND ASSIGNMENTS:

Attendance is expected at ALL sessions. Late assignments will receive a 20% per day late deduction. Missed exams will receive a grade of zero unless a proven emergency is accepted, at which time the student may write an alternate exam with a 20% per day late deduction.

REQUIRED TEXT: Payne, V. Gregory, & Isaacs, Larry D. (1995). Human motor development: a lifespan approach. Toronto: Mayfield.

COURSE CONTENT: This course is designed to introduce students to the growth and development of humans from conception to old age. The course will examine psychomotor, cognitive, and affective development from conception to maturity as well as adult life developmental processes. Emphasis will be placed on the following concepts:

- a) The growth and development which children and adolescents pass through,
- b) the developments that humans make as they pass through young adulthood, middle age, and later life,
- c) the practical application of these concepts to physical education.

COURSE OBJECTIVES:

1. To become familiar with the process of physical growth, its evaluation and the factors that influence it.
2. To gain knowledge of the changing motor patterns of the developing human, and factors that influence this development.
3. To understand the implications of growth and development principles for the design and instruction of programs of physical activity.

COURSE EVALUATION:	Term work:	Research Paper	20%
		Project	25%
		Observation Assignment	10%
		Midterm Exam	15%
		Final Written Exam	30%
		Total	100%

Be sure to use the services The Writing Center in A208. This is an excellent free service offered by GPRC to help all students to be successful in researching and writing papers, among other related skills!