

**GRANDE PRAIRIE REGIONAL COLLEGE
DEPARTMENT OF PHYSICAL EDUCATION, ATHLETICS, AND
KINESIOLOGY**

**P.E. 3070
HUMAN GROWTH AND MOTOR DEVELOPMENT**

**Fall 2009
Course Outline – A2**

INSTRUCTOR: Bethe Goldie
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CLASS SCHEDULE Tuesday and Thursday 10:00 – 11:20 am
AND LOCATION: Rm. E306

TRANSFERABILITY: PEDS 307 (3) -University of Alberta
KNES 3630 (3) -University of Lethbridge
KNES 355 (3) -University of Calgary

ATTENDANCE: Regular attendance and participation are expected in ALL sessions since much of the information provided cannot be obtained in any other way. It is a policy of our department that a student who misses more than 10% of the total number of classes may be disallowed from writing the final exam. Also see Regulations and Policies section of the GPRC Calendar for college policy on being debarred from exams.

REQUIRED TEXT: Haywood, Kathleen M., & Getchell, Nancy. (2009) *Life Span Motor Development* (5th Ed.). Champaign, IL: Human Kinetics.

COURSE REQUIREMENTS:

Project	30%
Project presentation	10%
Midterm exam	20%
Final exam	<u>40%</u>
	100%

COURSE DESCRIPTION:

This course will provide an introduction to the understanding of motor development. This will be accomplished by providing students with an introduction to the developmental process using a lifespan approach. Theoretical perspectives that have shaped the evolution of motor development will be discussed in examining this dynamic field of study. The lifespan approach encompasses both the early development and the degradation of motor abilities. As such prenatal development and subsequent postnatal motor behaviour will be examined as well as aging and the deterioration of perceptual and motor skills in the elderly.

2.

COURSE OBJECTIVES:

- √ Describe theoretical foundations of motor development
- √ Describe the research methods used in motor development
- √ Describe developmental changes across the lifespan
- √ Describe the interaction of perceptual processes on motor development
- √ Describe the functional development of motor behaviours from a lifespan perspective

Grading will follow these GPRC approved guidelines as closely as possible:

<u>Alpha Grade</u>	<u>4-pt Equivalent</u>	<u>Designation</u>
A+	4.0	Excellent
A	4.0	Excellent
A-	3.7	First Class Standing
B+	3.3	First Class Standing
B	3.0	Good
B-	2.7	Good
C+	2.3	Satisfactory
C	2.0	Satisfactory
C-	1.7	Satisfactory
D+	1.3	Poor
D	1.0	Minimal Pass
F	0.0	Fail