

SEP. 18 2001

Grande Prairie Regional College
Department of Physical Education, Athletics and Kinesiology
PE 3070 Physical Growth and Psychomotor Development
Fall 2001

1.0 Course Description:

This course is a study of the sequential changes in human physical growth and motor development with emphasis on individual differences.

2.0 Objectives:

2.1 To examine psychomotor, cognitive and affective developments across the lifespan.

2.2 To discuss the process and evaluation of physical growth and to identify the factors that influence physical growth.

2.3 To identify changing motor patterns and to discuss the factors that influence motor-development.

2.4 To apply the principles of growth and development to teaching physical activities.

3.0 Transfer of Credit:

- University of Alberta, PEDS 307, 3 credit
- University of Calgary, KNES 355, 3 credit
- University of Lethbridge, PHED 3630, 3 credit
- Athabasca University, APST 3xx, 3 credits

4.0 Instructor:

David Kay, office M103, phone 539-2034, e-mail: kay@gprc.ab.ca

5.0 Required Textbook:

- Payne, V.G. & Isaacs, L.D. (1999). Human Motor Development: A Lifespan Approach. Mountain (5th edition). Mountain View, Ca: Mayfield
- Study Guide for PE 3070 from David Kay

6.0 Attendance

Regular classroom attendance is essential for your success in PE 3070. Classes are scheduled for Tuesdays and Thursdays, 1:00 PM - 2:20 PM. (J228)

7.0 Student Evaluation

7.1 Unit one examination	20 %
7.2 Unit two examination	20 %
7.3 Unit three examination	20 %
7.4 Unit four examination	20 %
7.5 Term Paper	20 %