

DEPARTMENT OF ARTS AND EDUCATION

COURSE OUTLINE — FALL 2019

PY1050 (A2): SOCIAL AND INDIVIDUAL BEHAVIOR - 3 (3-0-0) 45 Hours for 15 Weeks

INSTRUCTOR: Connie Korpan **PHONE:** Office (780) 539-2032

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OFFICE HOURS: Tuesdays 10:00-11:00 or by appointment

CALENDAR DESCRIPTION:

This second introductory course in psychology follows PY1040 and gives students an understanding of themselves and other people through the study of basic concepts, principles, theories and methods used in the scientific study of behavior. The course covers biological and cognitive development, emotion and motivation, social psychology, personality theories, mental and behavioural disorders, treatment of mental and behavioural disorders, and stress and health.

PREREQUISITE(S)/COREQUISITE: PY1040 REQUIRED TEXT/RESOURCE MATERIALS:

Chapters of the open-sources textbook are posted on the Moodle site of this course at: https://moodle.gprc.ab.ca/

DELIVERY MODE(S): Lectures, class discussions and take-home exercises. This section will be delivered face-to-face and via video conference.

COURSE OBJECTIVES: In this course, student will be taught to evaluate and articulate:

- the definitions, descriptions, and methods of measurement of intelligence, personality, knowledge, and creativity.
- o the theories of emotion and the relative contributions of nature and nurture
- o the theories of motivation
- o the theories and fields of Social Psychology: person perception, social perception, attribution theory, conformity, obedience, attitude formation and change, leadership, love and friendship.
- the established historical and current theories of Personality: Psychodynamics,
 Humanism/Existentialism/Phenonmenology, Behaviourism, Cognitivism, and Trait theory.
- the theories of Human Development including biological, physical, intellectual, social, and moral development across the lifespan.
- o the definitions, descriptions, and causes of abnormal psychology and disorders.
- the current and established treatments of abnormal and disorder psychology: Psychoanalysis,
 Behavioural Modification, Humanistic, Cognitive, and Drug Therapy
- the current understanding of health and stress in abnormal psychology and the application to the students' own lives and self-healing.

LEARNING OUTCOMES: As a result of taking this course, students will be able to

- demonstrate fundamental knowledge and comprehension of major concepts, theoretical
 perspectives and empirical findings in the areas of intelligence, human development, emotion,
 motivation, human personality, psychological disorders, therapeutic approaches for psychological
 disorders and social psychology
- discuss how principles discussed in these areas enable the understanding of psychological phenomena
- incorporate sociocultural factors in their explanations of psychological phenomena
- demonstrate basic level understanding of various research methods used in scientific investigations of psychological phenomena
- apply their knowledge of basic research methodology to critically evaluate psychological research

TRANSFERABILITY: UA, UC, UL, AU, GMU, BU, CUE, KUC

*Warning: Although we strive to make the transferability information in this document up-to-date and accurate, the student has the final responsibility for ensuring the transferability of this course to Alberta Colleges and Universities. Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at Alberta Transfer Guide at http://transferalberta.ca/transfer-alberta-search/#/audienceTypeStep

** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.

EVALUATIONS:

- 1. 4 Quizzes—total = 20%
- 2. Midterm Exam = 30 %; Final Exam = 35%
- 3. Attendance/Participation = 5 %
- 4. Chapter & Class Assignments—total = 10%

PLEASE NOTE: In order to preserve an evaluation system that is fair to ALL students, requests for additional/substitute work will NOT be granted to students wishing to compensate for poor grades on assignments, quizzes, midterm exam or final exam.

- 1. <u>Quizzes.</u> There will be four in-class quizzes; each will be in a <u>multiple choice</u> format. Each quiz is worth 5%, for a total of 20%. Quiz dates are posted on page 4 of this outline. Please refer to page 6 of this course outline for more information on missed in-class quizzes.
- 2. <u>Midterm and Final Exam.</u> The midterm and final exams will include <u>multiple-choice and short answer questions</u>. The multiple choice questions are taken "primarily" from the test-bank and the short answer questions will be taken primarily from the lecture material. The final exam **will <u>not</u> be cumulative**; it will cover material from after the midterm to the end of term. The midterm is worth

- 30% and final exam are worth 35% each. Please refer to page 6 of this outline for more information on missing the midterm or final exam.
- 3. Participation/Attendance. Student input during lectures is enthusiastically welcomed and strongly encouraged. There are a variety of ways that you can contribute to the lectures, such as asking relevant questions, making insightful comments during the lectures, contributing to discussion during group work. Attendance will be taken every class. Attendance may be taken more than once during a class period. Please note that in my courses, students who miss more than 10% of classes without an acceptable excuse may be debarred from writing the final exam (please refer to page 41 of the college calendar).
- 4. Moodle Chapter Assignments. There will be 8 multiple choice chapter assignments, each comprised of questions taken from material covered in the textbook. Your marks across all the assignments will be averaged. The average mark of all the assignments is worth 10% of your overall grade. These assignments will be posted on Moodle; you will answer the questions on Moodle. Please note that Moodle refers to these chapter assignments as "quizzes". Do not confuse these assignments with the four in-class quizzes described above. Moodle submissions must be complete by 11:59 p.m. of the posted due dates.

GRADING CRITERION:

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha	4-Pt	Percentage	Designation
Grade	Equivalent	Guidelines	
A+	4.0	97 - 100	Excellent
Α	4.0	94-96	
Α-	3.7	90-93	First Class Standing
B+	3.3	85-89	
В	3.0	80-84	Good
B-	2.7	75-79	
C+	2.3	70-74	Satisfactory
С	2.0	65-69	
C-	1.7	60 - 64	
D+	1.3	55 - 59	Poor
D	1.0	50 - 54	Minimal Pass at GPRC
F	0.0	0 - 49	Fail –no credit received
WF	0.0		Fail—withdrawal after deadline

Note: The grading criterion outlined in the calendar is a guideline and varies from class to class.

COURSE SCHEDULE/TENTATIVE TIMELINE:

<u>TENTATIVE</u> LECTURE	TOPIC	REQUIRED	MOODLE
SCHEDULE		READINGS	ASSIGNMENTS
			DEADLNES
			(11:59 P.M.)
SEPT 5/10	True False Questions		
SEPT 10/12/17	LIFESPAN DEVELOPMENT	Chapter 9	SEPT 8
SEPT 19/24/26	EMOTION & MOTIVATION	Chapter 10	SEPT 18
OCT 1	QUIZ 1 (CHPTS 9 & 10)		
OCT 1/3/8/10	PERSONALITY	Chapter 11	SEPT 30
OCT 15/17/22	SOCIAL PSYCHOLOGY	Chapter 12	OCT 14
OCT 22	QUIZ 2 (CHPTS 11 & 12)		
OCT 24	MIDTERM (CHPTS 9 TO 12)		
OCT 29/31	STRESS LIFESTYLE & HEALTH	Chapter 14	OCT 28
NOV 5/7/14	PSYCHOLOGICAL DISORDERS	Chapter 15	NOV 4
NOV 19	QUIZ 3 (CHPTS 14 & 15)		
NOV 21	INDUSTRIAL ORGANIZATION (ON OWN)	Chapter 13	NOV 21
NOV 26/28, DEC 3	THERAPY & TREATMENT	Chapter 16	NOV 25
DEC 5	QUIZ 4 (CHPTS 13 & 16)		
**BETWEEN DEC 11-20	FINAL EXAM (CHPTS 13 TO 16)		

^{**}The date of the final exam will be set by Student Services.

Activities such as holidays or employment during this period are <u>not</u> excusable reasons for missing a final exam. Students who miss a final exam for these may receive a "0" on the final exam. Also note that a final exam will <u>not</u> be scheduled early for students who plan their holidays or other activities during the final exam period.

OTHER IMPORTANT DATES

Sept 13	Last day to add courses or drop courses for full refund (in most programs) & last day to pay Fall semester fees (except for students on an approved payment plan)
Sept 24	Last day to opt out of Student Health/Dental Plan
Oct 14	Thanksgiving—No Classes
Oct 30	Last day to withdraw from classes (most programs) with a "W"
Nov 8-12	Fall Break—No Classes
Nov 30	Deadline to apply for Winter courses
Dec 9	Last day of classes for Fall semester
Dec 11 - 20	Final exam period

STUDENT RESPONSIBILITIES:

1. TALK TO ME IF YOU HAVE CONCERNS OR YOU ARE EXPERIENCING DIFFICULTIES that may have negative impact on your academic performance. These concerns may include personal challenges or class-related issues (e.g., difficulty with material, disruptions from other students). Please know that I will keep your concerns confidential.

FYI: Exam accommodations are used by any number of students whose disabilities affect processing and comprehending printed material, learning, or concentration (either the condition itself, or the effects of the medication which is used to treat the condition), as well as by students with disabilities or medical conditions that require them to take rest periods. Examples include (but are not limited to) students who have mental health conditions, chronic illness, neurological disorders, mobility disabilities, and many more.

If you require exam accommodation, you must make arrangements with *Accessibility Supports and Disability Services* (in Student Services). You will need to provide them with documentation supporting your request for an accommodation. For more information, please speak to an advisor and refer to https://www.gprc.ab.ca/services/accessibility/examaccom.html

2. EXHIBIT RESPECTFUL BEHAVIOR to the instructor, guest speakers and other students



. DO NOT DISTRACT OTHERS during class:

- Arrive to class on time and stay in class for the duration of the class (barring exceptional circumstances). Deal with eating/drinking/bathroom needs before or after class; classes are only 80 minutes long, so this expectation should be easy to manage.
- Do NOT talk in class while the instructor is lecturing or discussing course-related topics with other students
- o Do NOT use your cellphone, computer, tablet, or other electronics during class time.

Keep your cellphones in your bag. If you use your phone during class for texting or for other activities, I reserve the right to remove your cell phone for the duration of the class or to ask you to leave the classroom.

Computer use during class time is not allowed. Exceptions will be made for those who, due to special needs, require a computer for note taking purposes. You must provide evidence of such special needs and clear the use of computers with me.



b. DISPLAY PROFESSIONAL ATTITUDES AND BEHAVIOURS

We will discuss a number of topics in class that may cause disagreement. It is expected that all participants will deal with such disagreements WITHOUT resorting to behaviors/comments that are dismissive, demeaning or threatening to others. Swearing and use of slurs against individuals or groups (racial, religious, gender, etc.) are unacceptable. It is also expected that students refrain from engaging in other rude behaviors (e.g., reading the newspaper, putting your feet up on the desk).

Students unable to meet these expectations will be required to leave the class in the interest of preserving the learning opportunities of other students. Please refer to the calendar for more information regarding student conduct

3. ATTEND CLASS: FYI—attendance will be taken every class.

<u>Missed Lecture Material</u>: Although notes are available on Moodle, they are not complete; attendance is required to get full lecture information. You are to obtain missed material by approaching a classmate, <u>not</u> the instructor. It would be <u>unfair</u> for students who miss lectures to be advantaged by getting the instructor's notes.

Missed Quizzes/Exams: Dates for the quizzes and midterm are included on page 8 of this course outline. Missed quizzes will <u>not</u> be rescheduled. If you miss a quiz due to verified illness, dentistry, accident, emergency, or GPRC obligations (e.g., you are away due to the requirements of another course) the weight of the quiz will be transferred; missed Quiz 1 or 2 will be transferred to the midterm exam, missed Quiz 3 or 4 will be transferred to the final exam. Quizzes missed for reasons that do not include verified illness, dentistry, accident, or emergency, will be assigned a "0" (zero). Holidays, employment, etc. are NOT considered to be excusable reasons to miss any exam in this course. Furthermore, quizzes missed without explanation from the student will assigned a "0".

According to GPRC policy, deferring a missed Midterm Exam is at the discretion of the instructor. In my courses, students who miss a midterm because of illness, dentistry, accident, or emergency (verified) may write the midterm at a later date (set by me—I will choose a date that is mutually convenient for me and the student). When students miss the midterm for reasons that do not include verified illness, dentistry, accident, or emergency, a "0" is assigned to that the midterm. Students who miss the midterm without explanation will receive a "0" on the midterm. Absences from a registrar-scheduled Final Exam fall under GPRC Examination Policy. It is the responsibility of the student to be informed about these policies prior to the final examination period.

If you miss the final exam due to illness, you will be required to submit an application to the Registrar's office for permission to write a deferred exam and must do so within 48 hours of the scheduled exam time. You may defer the final exam for up to 20 days of the end of the examination period. You will be required to provide documentation for your illness.

Missed Class Announcements/Handouts: On occasion, I may make announcements in class regarding course materials, changes in exam/assignment dates (if any), etc. Furthermore, course handouts may be distributed from time to time. If you miss a class, it is up to you to check with me or classmates to determine whether important announcements were made or whether materials were distributed during missed classes.

4. LEARN & RECORD ASSIGNMENT DEADLINES AND EXAMINIATION DATES/TIMES

These dates/times are announced in class and/or are included on course materials (e.g., Moodle, course outline). For the sake of fairness for ALL students, assignment deadlines will NOT be extended for those who miss an assignment. If you know that you will be away when an assignment is due, it is expected that you hand in that assignment earlier than the announced/posted date. FYI—Moodle chapter assignments can started/completed before the announced/posted deadlines.

5. OUT-OF-CLASS WORK

Students are expected to prepare for each lecture by reading the assigned chapters and handouts. Students who prepare for lectures learn and perform much better than students who do not prepare.

Although the instructor feels that all the material in the textbook is important and interesting, limited class time prevents discussion of all the material covered in the assigned chapters. You are responsible for learning the material covered in the assigned chapters, including material that is not discussed in class. Please feel free to approach me outside of class if you wish to get clarification on this material.

STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the section on Plagiarism and Cheating in the College policy titled Student Misconduct: Academic and Non-Academic at (https://www.gprc.ab.ca/about/administration/policies/fetch.php?ID=68).

Instructors reserve the right to use electronic plagiarism detection services on written assignments. Instructors also reserve the right to ban the use of any form of electronics (cell phones, Blackberries, iPods, tablets, scanning pens, electronic dictionaries, etc.) during class and during exams.

**Note: all Academic and Administrative policies are available at https://www.gprc.ab.ca/about/administration/policies/

FOR YOUR INFORMATION:

Student Rights and Responsibilities Policy: Please refer to college's website https://www.gprc.ab.ca/about/administration/policies/ to access this link.

Friendship Centre: The Friendship Centre at Grande Prairie Regional College provides a space for all students to meet, do homework, retrieve or leave messages, obtain community resources material, or just relax. The on-campus Friendship Centre is available for sharing circles, gatherings, study groups, and tutoring sessions. Everyone is welcome.

Campus Security: You should be aware that GPRC is no safer than the rest of Grande Prairie. Attacks on campus, as well as theft and vandalism have been occurring with increasing frequency. For your safety, Campus Security will provide a 24-hour Safe Walk service anywhere on campus. Call 780-539-2700 or use the blue phones on campus.

Learning Support Centre: The Learning Support Centre is available to all students who wish to improve their academic skills and ability to learn. Students can receive help with their writing (essay structure, grammar, formatting), as well as with math and science problems. Workshops on exam anxiety, study skills, noting taking, and other important skills are also offered here. The Learning Centre is in the Library.