



DEPARTMENT OF ARTS AND EDUCATION

COURSE OUTLINE – WINTER 2017

PY1050 (B3): Social and Individual Behaviour – 3 (3-0-0) 45 Hours for 15 Weeks

INSTRUCTOR: Dr. Denise Nowicki **PHONE:** 780-539-2792
OFFICE: C-402 **E-MAIL:** dnowicki@gprc.ab.ca
OFFICE HOURS: Tuesdays and Thursdays, 10:15 am – 11:15 am or by appointment

CALENDAR DESCRIPTION:

This second introductory course in psychology follows PY1040 and gives students an understanding of themselves and other people through the study of basic concepts, principles, theories, and methods used in the scientific study of behaviour. The course covers biological and cognitive development, emotion and motivation, social psychology, personality theories, mental and behavioural disorders, treatment of mental and behavioural disorders, and stress and health.

PREREQUISITE(S)/COREQUISITE: PY1040

REQUIRED TEXT/RESOURCE MATERIALS:

- Gerrig, R.J., Zimbardo, P.G., Desmarais, S., & Ivanko, T. (2012). *Psychology and life*. (2nd Canadian Edition). Pearson Canada.

OR

- *PY1050- Social and individual behavior custom edition* (2014). Pearson Custom Library.
 - *Referred to as "C" for chapter listings below*
- Publication Manual of the APA is on reserve in the College Library

DELIVERY MODE(S): Lectures, discussions, and written work.

COURSE OBJECTIVES: In this course, student will be taught to evaluate and articulate:

- The definitions, descriptions, and methods of measurement of intelligence, personality, knowledge, and creativity.
- The theories of emotion and the relative contributions of nature and nurture.

- The theories of motivation.
- The theories and fields of Social Psychology: person perception, social perception, attribution theory, conformity, obedience, attitude formation and change, leadership, love and friendship.
- The established historical and current theories of Personality: Psychodynamics, Humanism/Existentialism/Phenomenology, Behaviourism, Cognitivism, and Trait theory.
- The theories of Human Development including biological, physical, intellectual, social, and moral development across the lifespan.
- The definitions, descriptions, and causes of abnormal psychology and disorders.
- The current and established treatments of abnormal and disorder psychology: Psychoanalysis, Behavioural Modification, Humanistic, Cognitive, and Drug Therapy
- The current understanding of health and stress in abnormal psychology and the application to the students' own lives and self-healing.

LEARNING OUTCOMES: As a result of taking this course, students will be able to:

- Demonstrate fundamental knowledge and comprehension of major concepts, theoretical perspectives and empirical findings in the areas of intelligence, human development, emotion, motivation, human personality, psychological disorders, therapeutic approaches for psychological disorders and social psychology.
- Discuss how principles discussed in these areas enable the understanding of psychological phenomena.
- Incorporate sociocultural factors in their explanations of psychological phenomena.
- Demonstrate basic level understanding of various research methods used in scientific investigations of psychological phenomena.
- Apply their knowledge of basic research methodology to critically evaluate psychological research.

TRANSFERABILITY: UA, UC, UL, AU, MU, CU, CUC, KUC

***Warning:** Although we strive to make the transferability information in this document up-to-date and accurate, **the student has the final responsibility for ensuring the transferability of this course to Alberta Colleges and Universities.** Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at Alberta Transfer Guide main page <http://www.transferalberta.ca> or, if you do not want to navigate through few links, at <http://alis.alberta.ca/ps/tsp/ta/tbi/onlinesearch.html?SearchMode=S&step=2>

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.**

EVALUATIONS:

| | | |
|--------|---|-----|
| Exam 1 | Chapters 10 (1C) & 11(2C) and class notes | 23% |
| Exam 2 | Chapters 12(3C) & 13(4C) and class notes | 23% |
| Exam 3 | Chapters 14(5C) & 15(6C) and class notes | 23% |

- * The final exam is **Cumulative** but greater emphasis will be placed on chapters 16(7C) & 17(8C).
- * Remember, all exams may include questions from lectures that may not be covered by your textbook.

GRADING CRITERIA:

Please note that most universities will not accept your course for transfer credit **IF** your grade is less than C-.

| Alpha Grade | 4-point Equivalent | Percentage Guidelines | Alpha Grade | 4-point Equivalent | Percentage Guidelines |
|-------------|--------------------|-----------------------|-------------|--------------------|-----------------------|
| A+ | 4.0 | 95-100 | C+ | 2.3 | 66-69 |
| A | 4.0 | 90-94 | C | 2.0 | 63-65 |
| A- | 3.7 | 85-89 | C- | 1.7 | 60-62 |
| B+ | 3.3 | 80-84 | D+ | 1.3 | 55-59 |
| B | 3.0 | 75-79 | D | 1.0 | 50-54 |
| B- | 2.7 | 70-74 | F | 0.0 | 00-49 |

COURSE SCHEDULE/TENTATIVE TIMELINE:

Note: These discussion topics may be modified and/or other topics may be added.
Please login to Moodle for updated information.

| Week | Topics | Additional Information |
|------------|--|---------------------------------------|
| Week 1 | Introduction and Chapter 10(1C): Intelligence and Assessment | |
| Week 2 | Chapter 10(1C): Intelligence and Assessment | |
| Week 3 | Chapter 10(1C): Intelligence and Assessment Chapter 11(2C): Human Development | |
| Week 4 | Chapter 11(2C): Human Development | |
| Week 5 | Test 1 Chapter 12(3C): Motivation | E1 23%: Ch 10(1C), 11(2C) |
| Week 6 | Chapter 12(3C): Motivation Chapter 13(4C): Emotion and Stress | |
| Week 7 | Chapter 13(4C): Emotion and Stress Test 2 Chapter 14(5C): Personality | E2 23%: Ch 12(3C) & 13(4C) |
| Feb. 20-24 | | Family Day/Winter Break |

| | | |
|----------|--|--|
| Week 9 | Chapter 14(5C): Personality | |
| Week 10 | Chapter 15(6C): Psychological Disorder | |
| Week 11 | Chapter 15(6C): Psychological Disorder | |
| Week 12 | Chapter 15(6C): Psychological Disorder Test 3 Chapter 16(7C): Treatment | E3 23%: Ch 14(5C) & 15(6C) |
| Week 13 | Chapter 16(7C): Treatment | |
| Week 14 | Chapter 17(8C): Social Psychology | |
| Week 15 | Chapter 17(8C): Social Psychology | |
| April 11 | Last Class | |
| | Final Exam: TBA | E4 31% Ch 16(7C) & 17(8C) Cumulative Final Exam is scheduled by the Registrar |

STUDENT RESPONSIBILITIES:

The assigned readings and exercises for each class should be completed before attending that class, except for the first class. As this course will depend heavily on in-class discussion and activities, attendance at all sessions is required and is critical to the student's success in the course. In case of illness or emergency, notify the instructor as soon as possible. If you find yourself having difficulty in this course, please contact me immediately for assistance. If you simply want more discussion with me about any aspect of the course, please visit my office during office hours or at a more convenient pre-arranged time.

Students will be held accountable for lectures delivered, readings assigned, and any announcement that will be made in class from time to time. If a student is unable to attend a particular class, it will be his/her responsibility to find out what was missed. For optimal learning and readiness for class participation, students are expected to attend class regularly and to read the assigned chapters before coming to class on the dates indicated on the timetable, except, of course, for the first session. Past course records show that class attendance is highly correlated with final grade in the course.

If a student foresees that he/she will be unable to write a test or exam at a scheduled time due to illness or emergency, he/she should notify me immediately, preferably one day in advance. A message may be left on my voice mail (780-539-2792) or e-mail (dnowicki@gprc.ab.ca) together with a phone number where the student may be reached to arrange for an alternative date to write the test, if feasible. Failure to notify me will result in a grade of zero for the test that was missed, unless proof is presented that the student was physically or mentally unable to do so due to a sudden illness or emergency or to unavoidable circumstances beyond the student's control.

It is expected that all students will display a professional attitude and behaviour in the classroom. This includes reliability, respect for and cooperation with your fellow students and the instructor, attention to fellow student questions and instructor's response, determination to achieve first-class work while meeting deadlines, and constructive response to criticism.

STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Calendar at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at <https://www.gprc.ab.ca/about/administration/policies>

Instructors reserve the right to use electronic plagiarism detection services on written assignments. **Instructors also reserve the right to ban the use of any form of electronics (cell phones, Blackberries, iPods, tablets, scanning pens, electronic dictionaries, etc.) during class and during exams.**

**Note: all Academic and Administrative policies are available on the same page.

ADDITIONAL INFORMATION:

1. The format of each exam will be discussed in class.
2. Exam grades are final and there is no substitute work for your poor exam grade.
3. It is your responsibility to read each and every chapter and assigned reading (if any) and attend all lectures.
4. Lectures will not always cover material in your chapters. It is therefore imperative that you attend every class as your exams may include materials from the lectures that are not covered by your textbook.
5. It is expected that students will display a professional attitude and behaviour. These attitudes and behaviours are many and will be discussed in class. Any violation or misconduct may result in dismissal from the class.
6. Talk to me if you have concerns or you are experiencing difficulties that may have negative impact on your academic performance.

Please keep this course information sheet for future reference.