

GRANDE PRAIRIE REGIONAL COLLEGE  
PSYCHOLOGY 261  
SOCIAL AND INDIVIDUAL BEHAVIOR  
Winter, 1991

INSTRUCTOR : DR. KENDEL TANG  
OFFICE NUMBER : D301 OFFICE PHONE NUMBER: 539-2867

COURSE DESCRIPTION:

Social and Individual Behavior (PY 261) is a sequel to Basic Psychological Processes (PY 260) and together they constitute a general introductory survey of the comprehensive field of psychology. In this course, class lectures, group discussions and role playing will be utilized to achieve a greater understanding of interpersonal and intrapersonal aspects of human behavior and mental processes. The major topics of this course are: personality and the various theories that explain its nature and development, psychological assessment techniques and their practical applications, the relationship between psychological factors and physical health, psychological disorders and the major theories that explain their probable causes and prescribe various treatment approaches, and finally, social and organizational factors that affect attitudes, perceptions, behaviors, and work motivations.

This course will examine the results of experimental, correlational, and case studies that contribute to our greater understanding of psychological phenomena as well as shed light on how psychologists and other professionals arrive at conclusions about the causes, correlates, and effects of complex human behaviors. The course will also highlight the relevance and importance of psychology to daily life and future occupational goals.

COURSE OBJECTIVES

- The course aims to enable students to achieve the following objectives:
1. Acquire an adequate understanding of personality development and the various perspectives about its nature and development.
  2. Become familiar with some psychological assessment techniques, their appropriate uses and their limitations.
  3. Gain knowledge and understanding of the mind's role in the maintenance and enhancement of physical well-being (health) and the factors that contribute to the development and control of psychological disorders.
  4. Identify and explain intrapersonal and social factors that determine attitudes, perceptions, behaviors, and work motivations.
  5. Develop a high level of enlightened tolerance for human differences and demonstrate some relevant applications of sound psychological principles to daily life.
  6. Assume greater responsibility for one's own learning through active involvement in class activities and course assignments.

TEXTS:

1. Psychology Today: An Introduction (6th Edition), 1986, Random House (publisher).
2. Study Guide for Psychology Today (6th Edition), 1986, Random House (publisher).
3. Psychology 90/91 (Annual Edition). The Dushkin Publishing Group, Inc.

**GRADING SYSTEM:**

SCALE	TRANSLATION	APPROXIMATE % EQUIVALENT
9		90 - 100
8	<u>Excellent</u>	<u>80 - 89</u>
7		72 - 79
6	<u>Good</u>	<u>65 - 71</u>
5		57 - 64
4	<u>Pass</u>	<u>50 - 56</u>
3	<u>Failure</u>	<u>45 - 49</u>
2	<u>Failure</u>	<u>26 - 44</u>
1		0 - 25

NOTE: A minimum overall G.P.A. of 7.0 and a 7.0 G.P.A. or better on all psychology courses is required for admission to the Honors in Psychology program at the University of Alberta. (see University of Alberta calendar).

Marks in the course will be weighted as follows:

Midterm	25%
Final Exam	35%
Average of Chapter Tests	30%
Instructor's Evaluation (based mainly on test results, class participation, log entries, and questions)	10%
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	100%

It should be noted that students will be held accountable for lectures delivered in addition to any announcements that will be made in class. If any student is unable to attend a particular class, it will be his/her responsibility to find out what was missed.

If it becomes apparent to a student that he/she will be unable to write an exam/quiz at a scheduled time, the student should notify the instructor immediately. In the event that the student cannot reach the instructor, she/he should leave a message for the instructor with the college switchboard operator (539-2911). If the student is unable to write the final exam at the scheduled time, he/she should notify the instructor in advance and submit an application to the Registrar's office for permission to write a deferred exam (see the College calendar re: deferred exams).

Please keep this course information sheet for future reference.

**STUDENT RECORD OF MARKS**

Test 1	_____	Test 2	_____
Test 3	_____	Test 4	_____
Midterm Exam	_____	Final Exam	_____

TIMETABLE

PY 261  
Winter, 1991

DATES	CHAPTERS AND ARTICLES	TESTS, EXAMS, & LOG BOOK
Jan. 2 - 4	Intro. & Ch. 17 (Personality and Social Development)	
7 - 11	Ch. 17 & Art. 25 & 26.	
14 - 18	Ch. 18 (Psychoanalytic Theories of Personality) & Art. 2.	
21 - 25	Ch. 19 (Humanistic & Behavioristic Theories of Personality)	Jan. 21: Test on Ch. 17 & 18, including assigned articles
Jan. 28 - Feb. 1	Ch. 20 (Psychological Assessment) & Art. 16, 17, & 18.	
Feb. 4 - 8	Ch. 25 (Attitudes and Attitude Change)	Feb. 4: Test on Ch. 19 & 20, including assigned articles
11 - 15	Ch. 26 (Interpersonal Perception and Attitudes) & Art. 29.	
18 - 22	Ch. 27 (Social Influence and Group Processes)	Feb. <sup>20</sup> <del>19</del> : Midterm Exam (It will include all assigned chapters.)
Feb. 25 - Mar. 1	(Winter Break)	
Mar. 4 - 8	Ch. 28 (Industrial and Organizational Psychology)	
11 - 15	Ch. 21 (Health Psychology) & Art. 22, 23, 30, & 31.	Mar. <sup>13</sup> <del>11</del> : Test on Ch. 27 & 28, including assigned articles
18 - 22	Ch. 22 (Psychological Disorders) & Art. 37, 39, & 40.	
25 - 28	Ch. 23 (Theories of Abnormality) & Art. 43.	Mar. 25: Test on Ch. 21 & 22 including assigned articles
Apr. 1 - 5	Ch. 24 (Approaches to Treatment) & Art. 36 & 45.	
8 - 12	Ch. 24 (Approaches to Treatment)	Apr. 9: Log Book due Final Exam Week
15 - 19		Note: The final exam will include all assigned chapters.

NOTE: This timetable is tentative. Any future changes in it will be announced in class.

(The prerequisite to this course is PY 260.)