



**DEPARTMENT OF ARTS AND EDUCATION**

**COURSE OUTLINE – Winter 2012**

**PY3000 (A3): Psychology of Sex & Sexual Interactions – 3 (3-0-0) 45 Hours**

**INSTRUCTOR:** Ali M. AL-Asadi                      **PHONE:** 780-539-2061  
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**OFFICE HOURS:** By appointments

**IMPORTANT: Please remember this is a University course and you are a University student.**

**PREREQUISITE(S)/COREQUISITE: PY1040 & PY1050**

**REQUIRED TEXT/RESOURCE MATERIALS:**

- Rathus, S. A., Nevid, J. S., Fichner-Rathus, L., Herold, E. S., & McKenzie, S. W. (2009). Human Sexuality in a World of Diversity (3<sup>rd</sup> Canadian Edition). Pearson Publishing.

**CALENDAR DESCRIPTION:**

This course examines human sexuality from biopsychological, developmental, behavioural, and psychosocial perspectives. Students will learn about healthy and unhealthy sexuality and its potential psychological consequences on individuals and society.

**CREDIT/CONTACT HOURS:** 3 credits / 3 hours per week

**DELIVERY MODE(S):** Lectures, Discussions, & Video Conference

**OBJECTIVES:**

As a result of taking this course, students will gain the abilities to define, explain, demonstrate, evaluate and articulate:

- The evolution of sex and sexuality over the centuries and how various cultures view sex and sexuality.
- The theories that explain sexuality the relative contributions of nature and nurture.
- The biological structures which are involved, and not so involved, in sexual behaviour and reproduction.
- The sexual response cycle and the various modifications that have been proposed.
- The difference between healthy and unhealthy sexuality and its impact on individuals and society.
- The development of sexuality and the relationship between sex and such aspects as love, attraction, desire, fantasy.
- The risk of associated with sexual behaviours and its consequences to the individual, family, and ultimately society.

- Sexually transmitted diseases and their short and long term cost.
- The difference between sexual dysfunctions and sexual disorders and the various treatment modalities currently in use to treat these problems.

**TRANSFERABILITY:**

UA, UC, UL, AU

\*\* Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability

**GRADING CRITERIA:**

Please note that Universities will not accept your course for transfer credit **IF** your grade is **less than C-**. This means **DO NOT GET LESS THAN “C-” IF YOU ARE PLANNING TO TRANSFER TO UNIVERSITY.**

Alpha Grade	4-point Equivalent	Percentage Guidelines		Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	95-100		C+	2.3	66-69
A	4.0	90-94		C	2.0	63-65
A-	3.7	85-89		C-	1.7	60-62
B+	3.3	80-84		D+	1.3	54-59
B	3.0	75-79		D	1.0	50-54
B-	2.7	70-74		F	0.0	00-49

**EVALUATION:**

Exam 1	23%
Exam 2	23%
Final Exam	23%
Project-Presentation	21%
Attendance, Participation, & Reflective Paper	10%

\* The nature, scope, and depth of the project, presentation, and written papers will be discussed in class.

\* Remember, all exams may include questions from lectures that may not be covered by your textbook.

**STUDENT RESPONSIBILITIES:**

The assigned readings and exercises for each class should be completed before attending that class, except for the first class. As this course will depend heavily practice exercises, attendance at all sessions is required and is critical to the student’s success in the course. In case of illness or emergency, notify the instructor as soon as possible. If you find yourself having difficulty in this

course, please contact the instructor immediately for assistance. If you simply want more discussion with the instructor about any aspect of the course, please visit my office during office hours or at a more convenient pre-arranged time.

If a student is unable to attend an in-class test or quiz, the instructor must be advised before the test/quiz is administered. Voice mail or e-mail notification is fine. The test/quiz will usually then be written at a later time at the testing centre or pre-arranged location. Failure to notify the instructor of an absence will result in a grade of 0 on that test/quiz.

It is expected that all students will display a professional attitude and behaviour in the classroom. This includes reliability, respect for and cooperation with your fellow students and the instructor, attention to fellow student questions and instructor's response, determination to achieve first-class work while meeting deadlines, and constructive response to criticism.

### **STATEMENT ON PLAGIARISM AND CHEATING:**

Cheating and plagiarism will not be tolerated and there will be penalties. You should consult the section on cheating and plagiarism of current GPRC calendar. Please refer to pages 49-51 of the College calendar regarding plagiarism, cheating and the resultant penalties. These are serious issues and will be dealt with severely.

### **COURSE SCHEDULE/TENTATIVE TIMELINE:**

#### **Course Content**

<b><u>Week</u></b>	<b><u>Topic</u></b>
1 - 3	History & Research on Sexuality (Chapters 1, 2, & 17) The Science of Sex Societal, Political, and Ethical issues The Process of sex research Sexual Products Erotica and the Law and Public policy Violence & Pornography Prostitution
4 & 5	Sexual Anatomy and Physiology (Chapter 3 & 10) Nervous System Sexual Anatomy of male Sexual Anatomy of female Fertilization, Conception, & Pregnancy Development of Sexual Differentiation Hormones and Endocrine System Illness and Diseases
6 - 8	Sexual Behaviour (Chapters 4, 8, & 9) Sexuality and Mental and Physical Health Aphrodisiacs and Anaphrodisiacs Stages of Sexual Behaviour Sexual response cycle

Varieties of Orgasm  
Sexuality and Physical Disabilities  
Homosexual behaviour and Identity  
Bisexuality  
Explanations of Sexual orientation  
Sexual orientation and adjustment and Prejudice

- 9 Love & Sexual Interactions (Chapters 6 & 7)  
Attraction  
Love  
Theories of Love  
Jealousy  
Relationships  
Communications
- 10 Sexually transmitted Diseases (Chapter 14)  
Attitudes toward STDs  
Bacterial Infections  
AIDS  
More Viral STDs  
Parasitic Infections  
Safe sex practices and risks
- 11 & 12 Atypical Sexual Activity (Chapter 15 and 16)  
Paraphilias  
DSM IV diagnostic criteria  
Invasive Paraphilias  
Treatment of Paraphilias  
Sexual Assault  
Sexual Harassment  
Sexual abuse of children
- 13 Sexual Dysfunction and Therapy (Chapter 13)  
Contributing factors  
Types of Sexual dysfunction  
Sex Therapy
- 14 Presentations and exams will be delivered during the relevant week

**Additional Information**

1. The format of each exam will be discussed in class.
2. Exam grades are final and there is no substitute work for your poor exam grade.
3. The nature and topics of your written paper will be discussed in class.
4. It is your responsibility to read each and every chapter and assigned reading (if any) and attend all lectures.
5. Lectures will not always cover material in your chapters. Lectures may cover topics and include materials that are not covered by your textbook. It is therefore imperative that you attend every class as your exams may include materials from the lectures that are not covered by your textbook.
6. It is expected that students will display a professional attitude and behaviour. These attitudes and behaviours are many and will be discussed in class. Any violation or misconduct may result in dismissal from the class.
7. Talk to me if you have concerns or you are experiencing difficulties that may have a negative impact on your academic performance.