



**Health Psychology (3-0-0) 45 hours
PY3600 B4**

**Transfers to AU, UC, UL, AU, CU, CUC, KUC
as a 3-credit Psychology course.**

**Monday to Thursday 9:00 – 11:50 E306A
Spring 2009**

Instructor: Dr. Connie Korpan Ph.D.

Office: C420

Office Hours: Tuesdays & Thursdays 12:00 – 1:00

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Textbook: Taylor, S.E., & Sirois, F.M. (2009). *Health Psychology* (Canadian Ed.). McGraw-Hill Ryerson (Chapter 2 and Chapter 15 will not be covered)

Delivery: Lecture & Videoconference

Prerequisites: PY1040 and PY1050

Course Objectives

This course is an introduction to the field of health psychology and will examine psychological factors that influence physical health and illness.

Student Evaluation

- Midterm Exam = 20%
- Final Exam = 25%
- Annotated Bibliography = 25%
- Class Attendance = 5%
- Chapter Assignments = 15%
- Reflections = 10%

Assignments and Grading

1. **Midterm and Final Exam.** The midterm and final exams will include multiple-choice and short answer questions. The multiple choice questions are taken “primarily” from the test-bank and the short answer questions will be taken primarily from the lecture material. The final exam will **not** be cumulative; it will cover material from after the midterm to the end of term.
2. **Annotated Bibliography.** The annotated bibliography is a list of citations to sources related to a specific topic. Each citation is followed by a brief (2 pages double spaced) descriptive and evaluative paragraph called the annotation. You will pick a research topic relevant to Health Psychology, find **4** peer-reviewed sources that address the topic, and write an annotated bibliography for each source
3. **Attendance.** Attendance will be taken every class.
4. **Chapter Assignments.** There will be 13 chapter assignments, each comprised of 10 multiple choice questions selected from the Taylor and Sirois test bank. Each assignment will be due that the topic is started.
5. **Reflection Cards.** For every topic, you will be given some questions in which to consider and respond. Group discussions will involve an exchange of ideas that each student came up with from writing these discussion cards. Reflection cards are due at the beginning of class before groups convene.

Grading

<i>Alpha Grade</i>	<i>4-Pt Equivalent</i>	<i>% Guidelines</i>	<i>Designation</i>
A+	4.0	94 - 100	Excellent
A	4.0	88 - 93	
A-	3.7	82 - 87	First Class Standing
B+	3.3	76 - 81	
B	3.0	73 - 75	Good
B-	2.7	70 - 72	
C+	2.3	67 - 69	Satisfactory
C	2.0	64 - 66	
C-	1.7	60 - 63	
D+	1.3	55 - 59	Minimal Pass
D	1.0	50 - 54	
F	0.0	0 - 49	Fail

Schedule

Midterm	June 15, 2009
Final Exam	June 24, 2009
Annotated Bibliography	June 22, 2009

Student Responsibilities

Lecture Attendance/Absences

Students are held accountable for all lecture and textbook material. It is your responsibility to keep up with class work. Therefore, you are expected to attend all lectures. Attendance will be taken every class. If you miss a class, your grade will be docked unless you provide an acceptable reason for missing the class (via email only). **Email the explanation to me, writing "Missed Class" in the subject box.**

If you are absent from a class, all missed material is to be obtained by approaching a fellow student, not by getting the notes from the instructor. It would be very unfair for students who miss lectures to be advantaged by getting the instructor's notes. Typically, the quality of note-taking by students is quite variable. Therefore, if you miss a lecture and need to rely on another student as a source for the missed lecture material, it is advised that you **pick your sources very carefully**.

The notes for each chapter are available on "Blackboard".

Please note that according to GPRC policy, instructors reserve the right to **bar a student from writing the final exam** when the student is excessively absent from class.

Other Responsibilities

You are also expected to prepare for each lecture by reading the assigned chapters. Not surprisingly, students who prepare for lectures learn and perform much better than students who do not prepare.

Although the instructor feels that all the material in the text book is important and interesting, **limited class time prevents discussion of all the material covered in the text**. You are responsible for learning textbook material (assigned chapters only) that is not discussed in class. Please feel free to approach me outside of class if you wish to get clarification on this material.

Missed Exams

According to GPRC policy, deferring a missed **Midterm Exam** is at the discretion of the instructor. In my courses, students who miss a midterm because of illness, dentistry, accident, or emergency (verified) may write the midterm at a later date (set by me---the date will be very close to the originally scheduled date). When students miss the midterm for reasons that do not include verified illness, dentistry, accident, or emergency, a "0" is assigned to that the midterm. Missing the midterm without explanation from the student will result in a "0" on the midterm.

If the final exam is missed due to illness, you will be required to submit an application to the Registrar's office for permission to write a deferred exam and must do so within 48 hours of the scheduled exam time. You may defer the final exam for up to 20 days of the end of the examination period.