



DEPARTMENT OF ARTS AND EDUCATION

COURSE OUTLINE—FALL 2014

PY3730 (A2) EMOTION AND MOTIVATION - 3 (3-0-0) 45 Hours

INSTRUCTOR:	Connie Korpan	PHONE:	Office (780) 539-2032
OFFICE:	C312	E-MAIL:	ckorpan@gprc.ab.ca
OFFICE HOURS:	Mondays 1:00-2:00 and Fridays 11:30– 1:00		

PREREQUISITE(S)/COREQUISITE: PY1040 and PY1050

REQUIRED TEXT/RESOURCE MATERIALS:

Deckers, L. (2014). *Motivation: Biological, psychological and environmental (4th ed.)*. Boston, MA: Pearson.

CALENDAR DESCRIPTION:

This course will be a survey and interpretation of theories and findings in the field of emotion and motivation. It is designed primarily for serious students of theoretical psychology and the behavioural sciences, students interested in their own intellectual growth and development, and students who wish to understand human behaviour. This course will describe and evaluate the scientific method and the process of theory building in psychology, a selection of theories on motivation and emotions, and an application of these theories to individual behaviour.

CREDIT/CONTACT HOURS: 3 credits / 3 hours per week

DELIVERY MODE(S): This course includes lectures, class discussions and take-home exercises.

OBJECTIVES:

As a result of participating in PY3730 students will demonstrate knowledge regarding a variety of topics pertaining to motivation, including types of motivation, sources of motivation, evolutionary antecedents of motivation, addictions and addictive behaviors, homeostasis, the relationship between arousal and performance, the relationship between stressors, coping and health, as well as drives and psychological needs. Students will also demonstrate knowledge regarding topics pertaining to emotions, such as the characteristics and categories of emotions

as well as the motivating roles of emotions. Through understanding motivation and emotion students will be able to use their knowledge to think critically about human behaviour.

TRANSFERABILITY: Students receiving grades of D or D+ will receive GPRC credit. **These grades may not be acceptable for transfer to other post-secondary institutions, however.** Students are cautioned that it is their responsibility to contact their receiving institution to ensure transferability. This course transfers to University of Alberta (PSYCO 2XX (3)), University of Calgary (Sr. PSYC (3)), University of Lethbridge (PSYC 3XXX(3)), Athabasca University (PSYC 3XX (3)) and Kings University College (PSYC 4XX (3)) Students should check with their receiving institution concerning transferability as all arrangements are subject to change.

GRADING CRITERIA *IMPORTANT NOTE:* this grid is not identical to the one displayed as a guideline on page 36 of the college calendar. Also note that different instructors may use criteria that is different from the guideline displayed on page 38 and may be different from the grid displayed below.

Alpha Grade	4-Pt Equivalent	Percentage Guidelines	Designation
A+	4.0	97-100	Excellent
A	4.0	93-96	
A-	3.7	89-92	First Class Standing
B+	3.3	85-88	
B	3.0	80-84	Good
B-	2.7	75-79	
C+	2.3	70-74	Satisfactory
C	2.0	65-69	
C-	1.7	60-64	
D+	1.3	55-59	Poor
D	1.0	50-54	Minimal Pass at GPRC
F	0.0	0-49	Fail – no credit received
WF	0.0		Fail – Withdrawal after deadline/ no credit received

EVALUATIONS:

1. 4 Quizzes—5% each for a total of 20%; Midterm Exam—20%; Final Exam—30%
2. Research Assignments—20% (Mini-Study-5%; Major Study-15%)
3. Class Participation/Attendance—5%
4. Chapter/Lecture Assignments—5%

1. **Quizzes/Exams.** There will be four quizzes; each will be in a multiple choice format. Each quiz is worth 5%, for a total of 20%.

The midterm and final exams will include multiple-choice and short answer questions. The final exam will not be cumulative. The dates of the quizzes and midterm are specified on page 6 of this outline. The date of the final exam will be announced by the Student Services office.

Please refer to page 5 of this outline for more information on missed quizzes and exams.

2. **Research Assignments** You will conduct two empirical studies and write up a report for each study.

Mini-study: For this study, I will provide students a range of existing instruments for collecting data. Each student will choose one instrument and use this instrument to collect data from a small number of participants and write a brief report. Further details will be provided on a separate handout.

Major Study: For this study, you will design your own instrument and collect data from a larger number of participants. You will write a research report detailing your methodology and findings. Further details will be provided in a separate handout.

Class Participation/Attendance. Student input during lectures is enthusiastically welcomed and strongly encouraged. There are a variety of ways that you can contribute to the lectures, such as asking relevant questions, making insightful comments during the lectures, contributing to discussion during group work. Attendance will be taken every class. Attendance may be taken more than once during a class period. Please note that in my courses, students who miss more than 10% of classes without an acceptable excuse may be debarred from writing the final exam

3. **Chapter Assignments.** There will be 12 multiple choice assignments taken from the test bank. Marks on the assignments will be averaged.

STUDENT EXPECTATIONS/RESPONSIBILITIES:

Paying Attention in Class



Texting???? Not allowed in my class---NO EXCEPTIONS!!!

Keep your cellphones in your bag. Facebooking????----Do that on your own time, not in this class. If you have problems meeting these expectations, I will be happy to assist you.

Bottom line—you are expected to pay attention in class, whether it be attending to me while I am lecturing/answering student questions, or to another student who is speaking to the class.

Lecture Attendance/Absences

First of all—**come on time and stay in class**; deal with eating/drinking/bathroom needs before or after class. Classes are only 80 minutes long, so this expectation should be easy to manage. Arriving late and leaving during class is EXTREMELY DISTRACTING.

Students are held accountable for all lecture materials and readings. It is your responsibility to keep up with class work. Therefore, you are expected to attend all lectures. Attendance will be taken every class.

If you are absent from a class, all missed material is to be obtained by approaching a fellow student, not the instructor. It would be very unfair for students who miss lectures to be advantaged by getting the instructor's notes. Typically, the quality of note-taking by students is quite variable. Therefore, if you miss a lecture and need to rely on another student as a source for the missed lecture material, it is advised that you **pick your sources very carefully.**

If you are missing a class for excusable reasons (e.g., illness, appointment) and wish to avoid having your attendance/participation grade docked, please email me at ckorpan@gprc.ab.ca. Write **“Absence from PY3730 Class”** in the subject box and provide your explanation in the email. Please be aware that I may ask for documentation.

Other Responsibilities

You are also expected to prepare for each lecture by reading the assigned chapters and handouts. Students who prepare for lectures learn and perform much better than students who do not prepare.

Although the instructor feels that all the material in the text book is important and interesting, **limited class time prevents discussion of all the material covered in the text.** You are responsible for learning textbook material (assigned chapters only) that is not discussed in class. Please feel free to approach me outside of class if you wish to get clarification on this material.

Missed Quizzes/Exams


Dates for the quizzes and midterm are included on page 7 of this course outline. **Quizzes that are missed for any reason will not be rescheduled.** If a student misses a quiz due to **verified** illness, dentistry, accident, emergency, or GPRC obligations (e.g., you are away due to the requirements of another course) the **weight of the quiz will be transferred to the final exam**. If a student misses a quiz for reasons that do not include verified illness, dentistry, accident, or emergency, then a "0" (zero) will be assigned to that quiz. Holidays, employment, etc. are not considered to be excusable reasons to miss any exam in this course. Missing any quiz without explanation from the student will result in a "0" on that quiz.

According to GPRC policy, deferring a missed **Midterm Exam** is at the discretion of the instructor. In my courses, students who miss a midterm because of illness, dentistry, accident, or emergency (verified) may write the midterm at a later date (set by me—I will chose a date that is mutually convenient). When students miss the midterm for reasons that do not include verified illness, dentistry, accident, or emergency, a "0" is assigned to that the midterm. Students who miss the midterm without explanation will receive a "0" on the midterm.

Absences from a registrar-scheduled **Final Exam** fall under GPRC Examination Policy. It is the responsibility of the student to be informed about these policies prior to the final examination period.

If the final exam is missed due to illness, you will be required to submit an application to the Registrar's office for permission to write a deferred exam and must do so within 48 hours of the scheduled exam time. You may defer the final exam for up to 20 days of the end of the examination period. **You will be required to provide documentation for your illness.**

Student Conduct



It is expected that all students will display respectful attitude and behaviours in the classroom. This includes coming to class on time and leaving without disruption to others. Also expected is attention to the instructor and fellow students during discussions of topics relevant to the course. Disrespect will not be tolerated. Examples of disrespectful behaviour include talking while the instructor or fellow students are discussing course material, making rude, destructive comments, reading the newspaper, putting your feet up on the desk, putting your head down on the desk for a nap, and so on. Also, unless you are awaiting a call about something of a very very very very serious nature, **TURN OFF YOUR CELLPHONE**. Phones that ring during lectures cause a lot of distraction. Furthermore,

people answering these calls during class cause even more distraction. Loving to listen to music is wonderful, but **LISTEN TO YOUR MUSIC OUTSIDE OF CLASS**. Instructors and other students can often hear the music which creates a distraction. Furthermore, such behaviour is disrespectful to instructors. As stated earlier, **TEXTING, FACEBOOKING, PLAYING COMPUTER GAMES, CHECKING EMAILS, DOING ASSIGNMENTS FOR THIS COURSE AND OTHER COURSES, ETC. DURING CLASSTIME ARE NOT ALLOWED**. These types of expectations are based on common sense—you cannot learn the course material while engaging in these activities. Furthermore, research indicates that those around you are negatively affected by such activities. Finally, such activities are blatantly disrespectful. **Students unable to meet these expectations will be required to leave the class in the interest of preserving the learning opportunities of other students.**

Please refer to pages 42-44 of the calendar for more information regarding the conduct expected of students

PLAGIARISM AND CHEATING:

Please refer to page 43 of the college calendar for information on plagiarism, cheating and the resultant penalties. You may also refer to the GPRC Policies website to get more information on Plagiarism and Cheating: http://www.gprc.ab.ca/files/forms_documents/Student_Misconduct.pdf

Plagiarism and cheating are taken seriously and will be dealt with severely. Instructors reserve the right to use electronic plagiarism detection services on written assignments. Instructors also reserve the right to ban the use of any form of electronics (cell phones, Blackberries, iPods, tablets, scanning pens, electronic dictionaries, etc.) during class and during exams.

TENTATIVE LECTURE SCHEDULE

DATE	TOPIC	REQUIRED READINGS
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SEPT 4	Course Outline	-
SEPT 9/11	Introduction	Chapter 1
SEPT 16	History (Very Brief)	Chapter 2
SEPT 18/23	Evolutionary Antecedents of Motivation	Chapter 3
SEPT 25	QUIZ 1 (CHAPTERS 1, 2, 3)	
SEPT 30, OCT 7	Addictions	Chapter 4
OCT 9/14	Homeostasis	Chapter 5
OCT 16/21	Behavior and Arousal	Chapter 6
OCT 21	QUIZ 2 (CHAPTER 4, 5, 6)	
OCT 23	MIDTERM (CHAPTERS 1 TO 6)	
OCT 28/30	Stress, Coping & Health	Chapter 7
NOV 4/6	Drives and Psychological Needs	Chapter 8
NOV 13	Personality and Motivation	Chapter 9
NOV 18	QUIZ 3 (CHAPTERS 7, 8, 9)	
NOV 18/20	Intrinsic and Extrinsic Motivation	Chapter 10
NOV 20/25	Emotions and Moods	Chapter 13
NOV 27, DEC 2	Emotions as Motives	Chapter 14
DEC 4	QUIZ 4 (CHAPTERS 10, 13, 14)	
*BETWEEN DEC 10-19	FINAL EXAM (CHAPTERS 7, 8, 9, 10, 13, 14)	

*The date of the final exam will be set by Student Services.

*Activities such as holidays or employment during this period are not considered excusable reasons for missing a final exam. Students who chose to miss a final exam for employment, holiday, or similar reasons may receive a "0" on the final exam. Also note that a final exam will not be scheduled early for students who plan their holidays or other activities during the final exam period.

OTHER IMPORTANT DATES

Sept 10 Last day to add courses (UT)

Sept 18	Last day to drop courses with refund
Sept 25	Last day to pay fees without late penalty
Oct 13	Thanksgiving—No Classes
Oct 29	Last day to withdraw classes with a “W”; Last day to pay fees to avoid being withdrawn from classes and assigned a “WF”
Nov 10 & 11	Fall Break/Remembrance Day—No Classes
Dec 8	Last day of Classes
Dec 10-19	Final exam period

FOR YOUR INFORMATION:

Student Rights and Responsibilities: Please refer the following web address regarding Student Rights and Responsibilities or refer to the college website

https://www.gprc.ab.ca/files/forms_documents/StudentRightsandResponsibilities.pdf

Friendship Centre: The Friendship Centre at Grande Prairie Regional College provides a space for all students to meet, do homework, retrieve or leave messages, obtain community resources material, or just relax. The on-campus Friendship Centre is available for sharing circles, gatherings, study groups, and tutoring sessions. Everyone is welcome.

Campus Security: You should be aware that GPRC is no safer than the rest of Grande Prairie. Attacks on campus, as well as theft and vandalism have been occurring with increasing frequency. For your safety, Campus Security will provide a 24-hour Safe Walk service anywhere on campus. Call 780-539-2700 or use the blue phones on campus.

Learning Support Centre: The Learning Support Centre is available to all students who wish to improve their academic skills and ability to learn. Students can receive help with their writing (essay structure, grammar, formatting), as well as with math and science problems. Workshops on exam anxiety, study skills, noting taking, and other important skills are also offered here. The Learning Centre is in the Library.

Student Printing Policy: Students wishing to print off course materials should refer to the policy at the following link <https://www.gprc.ab.ca/files/policies/admin/StudentPrintingPolicy.pdf>