

Grande Prairie Regional College
Department of Art & Education
Psychology 4350

Course Code: PY 4350 3 (3-0-0) 45 Hours

Course Title: Introduction to Clinical Psychology

Co-requisite: PY 3390

Course Credit Hours: 3

Student Contact: 3 hours per week

Course Modeled After:

This course is modeled after the University of Alberta PSYCO 435 and the University of Calgary PSYC 433 (Introduction to Clinical Psychology). The prerequisite for this course at the University of Alberta is PSYCO 339 which is GPRC PY 3390.

Calendar Description

This course examines the theoretical, practical, professional, and research issues in clinical psychology. Emphasis will be places on the various methods of assessment and evaluation and treatment modalities for individuals and groups.

Credit Requested

3-credit from University of Alberta PSYCO 435

3-Credit from University of Calgary PSYC 433

3-credit at forth year level (**4XXX**) from the U of L and AU

Instructor Qualifications

Psychologist with minimum of an M.A. in Psychology

Textbook:

- Hecker, J. E., & Thorpe, G. L. (2005). Introduction to Clinical Psychology. Allyn & Bacon Publishing. New York, USA.

Course Description

This is an overview of the field Clinical Psychology. This course presents the tools and methods that clinical psychologists use to practice this profession. This course is valuable for those who intend to peruse a career in clinical and/or counseling psychology, as well as those who intend to work in community mental health centers.

Evaluation

Midterm Exam	20%
Final Exam	35%
Volunteer work/Presentation	15%
Research paper	30%

Course Content

Week

Topic

1	History of Clinical Psychology
2	Training and Contemporary Issues in Clinical Psychology Research
3	Human Functioning and Social Environment
4	Psychological Dysfunction: Classification & Diagnosis
5	Assessment: Professional and Scientific
6	Assessment: Intellectual Functioning
7	Assessment: Personality
8	Assessment: Neuropsychological Functioning
10	Assessment: Behavioural
11 & 12	Intervention Psychoanalytic Client Centered Existential Gestalt Behavioural Cognitive Cognitive-Behavioural Crisis Therapies Group Therapies
13	Milieu and Community Interventions