



## Course Objectives

The student will:

- 1) understand the concepts of health promotion and illness prevention in a community setting
- 2) understand the concepts of basic immunity and its relationship to hygiene and communicable diseases in a community setting.
- 3) understand the role of exercise in maintaining health and how it may need to be adapted in persons with disabilities.
- 4) understand the basic principals of nutrition and how they affect health.
- 5) understand the concept of basic human sexuality and how it applies to persons with disabilities.
- 6) gain an awareness of the concept of mental health and the alterations in well-being that may be present in persons with disabilities.
- 7) understand routine human elimination processes and how these may be altered in persons with disabilities.
- 8) gain knowledge of the variety of medication and the importance of properly administering them.
- 9) understand the concept of disease and health problems for person with abilities and the people who serve them.
- 10) demonstrate beginning proficiency in the performance of selected basic skills required in giving person care to persons with disabilities in community settings.

## STUDENT EVALUATIONS

### 1. Assignments

- 5% Nutrition Assignment
- 5% Poster
- 5% Bed Bath Assignment
- 10% STD Oral presentation

- 5% Lifting Lab Assignment
- 5% Elimination Lab Assignment
- 5% Medication Lab Assignment

## 2. EXAMS

- 15% Midterm # 1
- 15% Midterm # 2
  
- 30% Final Examination

## GRADES

9	90-100%
8	80-89%
7	72-79%
6	65-71%
5	57-64%
4	50-56%
3	45-49%
2	26-44%
1	0-25%

In order to obtain credit for this course students must achieve a minimum of 65% or a 6.

## STUDENT SUPPORT

The Writing Center is available to assist students with written assignments. It is located in room A205.

## RULES AND REGULATIONS

1. Attendance at labs is mandatory. Any unexcused absences may result in a grade of 0/40 for the lab component of the course. Missed labs may be made up but as most labs require a partner or small group work doing so will be difficult.

2. Assignments must be submitted ON or BEFORE the date they are due. Late assignments will be penalized at a rate of 5% per day. I have a mailbox in the Rehab Office. Assignments can be handed in there. Please make sure assignments are signed and dated by office staff when you hand them in.
3. Assignments must be typed, double-spaced and have adequate margins on sides, top and bottom to permit instructor comments. Spelling and grammar will be considered in grading.
4. Students not able to write an exam on the scheduled date and time must contact the instructor BEFORE THE EXAM stating reason for not writing. Should there be one or more students excused from writing on the scheduled date, the instructor will schedule \*ONE alternate writing date. If the student fails to contact the instructor before the exam or fails to write the exam on the alternate date, a mark of 0 will be given for the exam.

\*one alternate writing date per exam, not per student.

<u>DATE</u>	<u>TOPIC</u>	<u>TEST/ ASSIGNMENT</u>
Jan 4	Course Outline What is Health?	
Jan 6	Digestive System	
Jan 11	Nutrition/Feeding Lab	
Jan 13	Immunity / Communicable Disease	
Jan 18	Skin and Hygiene Handwashing Lab	<b>Nutrition Assignment due</b>
Jan 20	Respiratory System	
Jan 25	Bed Bath Lab	
Jan 27	Poster Presentation	<b>Posters due</b>
Feb 1	Review	<b>Bed Bath Assignment due</b>
Feb 3		<b>Midterm # 1</b>
Feb 8	Reproduction	
Feb 10	Relationship and Sexuality	
Feb 15	STD Presentation	<b>Oral Presentation due</b>
Feb 17	“	“
Feb 22	Reading Week	
Feb 24	Reading Week	
Feb 29	Fitness, Lifting & Transferring Lab	
Mar 2	Cancer	
Mar 7	Diabetes	<b>Lifting Assignment due</b>
Mar 9		<b>Midterm # 2</b>

Mar 14	Elimination Lab	
Mar 16	Nervous System	
Mar 21	Heart	<b>Elimination Lab Assignment due</b>
Mar 23	Psychological Disorders	
Mar 28	Medication Lab	
Mar 30	Aging	
April 4	Death and Dying	<b>Medication Assignment due</b>
April 6	Catch up	
April 11	Review / last class	
April 17-20	Exam Week	<b><u>FINAL EXAM</u></b>

Note: this schedule is subject to change, depending on availability of guest speakers and other unforeseen circumstances. It is meant to act as a guide for students to use when preparing ahead for class, not as a final schedule.