

COURSE OBJECTIVES

Students will:

1. Define PLANNING, its purpose, components and underlining principles.
2. Identify and discuss key factors of positive quality of life.
3. Identify, describe, discuss and apply a variety of strategies applicable to each of the following components of a value based planning process:
 - a. Assessment
 - b. Development of goals
 - c. Implementation
 - d. Evaluation

EVALUATION

Assignments 60%

- I. PLANNING...TO HAVE A LIFE, (personal edition) (25%)

You will apply concepts covered to develop a personal plan for yourself. The plan will be written and submitted in 3 parts.

1. Personal Profile (10%)
2. Goals (5%)
3. Action Plan (10%)

- II. PLANNING...TO HAVE A LIFE, (case study edition) (25%)

You will work collaboratively in groups to develop a personal plan for a fictitious client. Each group member will "role play" or take the perspective of a specific member of the planning team for the duration of this course. The group will be provided with a summary of a case file. Students will add to this by "supplying" information from their area of "expertise" (as specified by the role assigned).

The instructor will assign you to a specific group. You will draw names to determine your role in that group.

The plan will be written and submitted in 3 parts:

1. Personal Profile (10%)
2. Goals (5%)
3. Action Plan (10%)

Grading: Groups are responsible for the distribution of marks amongst their members. For instance, if an assignment earns an 80% and there are 4 members, the group will be awarded 320 (4 x 80) points. The group will divide the marks and submit the distribution to the instructor.

E.g.	John	70%
	Paul	90%
	George	75%
	Ringo	85%
<hr/>		
	Total	320

Groups often distribute points equally in order to avoid confrontation. A distribution that accurately reflects members' contributions does not HAVE to lead to confrontation. I encourage you to talk about mark distribution openly, using good interpersonal communication skills. Resentment associated with "carrying" a teammate along can have a devastating effect on the team.

Remember that, if for some reason, a group member did not contribute their fair share to one assignment, that person has the option of doing more than an equal share on the next assignment. They can make up for a lower grade in one section by earning a higher grade on the next. By the end of the semester, total group grades may in fact be distributed equally as the assignment grades average out.

III. SELF - REPORTS (10%)

Self - reports will be written in class. These are not homework assignments.

It is expected that you draw on skills learned in RP1203 Interpersonal Competence as you reflect on and write 2 individual reports that include:

- one specific example of something you learned from the group that you probably wouldn't have learned working alone.
 - one specific example of something the other group members learned from you that they probably wouldn't have learned otherwise.
- A summary of what you learned about teamwork including:
 - what worked well and added to the effectiveness of the group.
 - what barriers interfered with the effectiveness of the group.
 - how barriers were handled/responded to.
- a suggestion of one change the group could make to improve its performance.
 - what you can do to facilitate this change.

Exams

- I. MIDTERM (20%)
- II. FINAL (20%)

There is no comprehensive exam in this course. The Final Exam will cover material discussed AFTER the midterm.

Grades

Grande Prairie Regional College uses a 9 point grading system. Grades are assigned as follows:

9	90 - 100%	8	80 - 89%
7	72 - 79%	6	65 - 71%
5	57 - 64%	4	50 - 56%
3	45 - 49%	2	26 - 44%
1	0 - 25%		

To receive credit for this course you must achieve a minimum of 65% or a 6.

STUDENT SUPPORT

The Writing Centre is available to assist students with written assignments. It is located in room A208.

RULES AND REGULATIONS

1. Attendance for group work classes is **COMPULSORY**. Students are expected to make personal appointments outside of class time. 2% will be deducted from the final grade for every group work class missed (to a maximum of 10%).
2. Assignments must be submitted by 4:00 p.m. on or before the date they are due. Late assignments will be penalized at a rate of 5% per day. For instance, an assignment given a grade of 75% would be awarded 70% if it is one day late, 65% if it is two days late, and so on.
3. Any student not able to write an exam on the date or time it is scheduled must speak with the instructor **PRIOR** to the exam time. If the instructor decides to excuse the absence, an alternate date will be negotiated.