

Grande Prairie Regional College
Department of Physical Education, Athletics and Kinesiology
RS 1220 Leadership in Recreation and Leisure Organizations (2-0-2)
2003 Winter

1.0 Course Description

Introduction to leadership and followership as they apply to recreation and leisure organizations. Emphasis is on practical skills including oral and written communication, group dynamics, conflict management, organizational ethics and politics, professional careers and other topics as relevant.

2.0 Course Objectives

2.1 To discuss how leadership has evolved, definitions of leadership, leadership traits and qualities and leader competencies.

2.2 To inspect a variety of leadership theories and styles.

2.3 To examine a variety of leadership foundations, such as understanding group dynamics, developing effective communication, using conflict resolution techniques, employing behavior management strategies and motivating staff and clients.

2.4 To discuss selected leadership issues such as values and ethics in leadership, diversity and leadership, organizational-politics and risk management in leisure organizations.

2.5 To discuss the issues of leadership in a recreation or leisure based business.

3.0 Instructor

David Kay, M103, Phone: 539-2034, email: kay@gprc.ab.ca

4.0 University Transfer

University of Alberta RLS 122, 3 Credits

University of Calgary Jr. KNES, 3 Credits

5.0 Schedule Monday 10:00-11:50 AM and Friday 9:00-10:50 AM, B304

6.0 Course Text

Jordan, DL (2001) Leadership in Leisure Services: Making a Difference. (2nd Ed.) State College, PA: Venture Publishing.

Reference Titles

- ◆ Graham, J. (1997) Outdoor Leadership Technique, Common Sense & Self-Confidence.

Seattle, WA, The Mountaineers

- ◆ Yukl, G. (1998) Leadership in Organizations. Upper Saddle River, NJ, Prentice Hall.
- ◆ Ford, P. and J. Blanchard (1993) Leadership and Administration of Outdoor Pursuits, Venture Pub. Inc.
- ◆ Priest, S. and MA Gass (1997) Effective Leadership in Adventure Programming. Human Kinetics

7.0 Student Evaluation

7.1 Classroom presentation 40 %

Presentation Guidelines

Find a recreation professional outside of GPRC who works in a recreation or leisure organization or a recreation business. Interview this leader with questions you have created, which centers on leadership topics introduced in RS 1220.

Present a thirty-minute classroom presentation about this leader, the leadership roles and responsibilities this leader fulfills, their challenges as a leader in their situation, the leadership philosophies this professional may rely on and their leadership aspirations.

7.2 Midterm examination 30 %

7.3 Final examination 30 %