

NORTHWESTERN POLYTECHNIC



DEPARTMENT OF EDUCATION COURSE OUTLINE – Winter 2023

TA 1239 A3: INTRODUCTION TO MENTAL HEALTH IN SCHOOLS 1 (2.5-0-0) 15 hours for 6 weeks

Northwestern Polytechnic respectfully acknowledges that we are located on Treaty 8 territory, the traditional homeland and gathering place for many diverse Indigenous peoples. We are honored to be on the ancestral lands of the Cree, Dene/Beaver and Métis, whose histories, languages, and cultures continue to influence our vibrant community. We are grateful to have the opportunity to work, learn, and live on this land.

INSTRUCTOR: Shawna Bate

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OFFICE: H203

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OFFICE HOURS: Tues.& Thurs. 11:30-2:00

CALENDAR DESCRIPTION: The role of an Educational Assistant involves assisting children who have a variety of exceptionalities. This course will provide students with a basic understanding of mental health issues experienced by all children, including those frequently accompanying a variety of other exceptionalities.

LOCATION/TIME: Room B206 Mondays 8:30-10:50 Starting February 27-April 7

PREREQUISITE(S)/COREQUISITE: None

REQUIRED TEXT/RESOURCE MATERIALS: None. Any required readings will be provided on MyClass.

DELIVERY MODE(S): High flex – This type of course gives students the option of attending sessions in the classroom, participating online, or doing both. Please note that some course components require onsite attendance. (exams, group projects/presentations, activities)

COURSE OBJECTIVES:

Students will be expected:

1. To understand the background and terminology used in a variety of mental health diagnoses.
2. To demonstrate an understanding of the implications for instruction for students with mental health concerns.
3. To demonstrate an understanding of the classroom strategies and organization for

supporting the learning of students with mental health concerns.

4. To demonstrate an understanding of creating a positive classroom environment and maintaining a supportive learning environment for students with mental health concerns.

5. To understand student needs by becoming familiar with strategies for helping students with mental health concerns, as well as the variety of community resources available.
6. To understand the roles of the educational assistant with respect to helping or finding resources for children with mental health issues.

LEARNING OUTCOMES: Students will be able to:

- Recognize and explain basic terminology used in current medical diagnosis of Mental Health disorders in children.
- Identify various instruction techniques for students with mental health concerns.
- Demonstrate in writing the use of classroom strategies and organization for supporting the learning of students with mental health concerns.
- Demonstrate through examples the benefit of creating a positive classroom

environment and maintaining a supportive learning environment for students with mental health concerns.

- Use various programming and intervention strategies to assist students with a particular mental health issue.
- Identify the roles of an educational assistant with respect to the learning characteristics of students with mental health concerns.

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.ca>.

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.**

EVALUATIONS:

Daily Work 40%	<ul style="list-style-type: none">● Four Quizzes (10% each)
Assignments 40%	<ul style="list-style-type: none">● Infographic Research Project
Final Test 20%	<ul style="list-style-type: none">● Final Test

Assignment details and specific instructions will be discussed in class and provided on MyClass. Assignments must be submitted in the dropbox on MyClass by 11:59 p.m. on the due date. ALL assignments and tests MUST be completed and turned in to pass the course.

Unless arrangements have been made with the instructor prior to the due date, late assignments will be docked 2% per day. If the assignment is not received within 10 days of the due date, a grade of 0 will be given.

GRADING CRITERIA:

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**. **A minimum grade of C- is required to pass this course.**

Alpha Grade	4-point Equivalent	Percentage Guidelines		Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	90-100		C+	2.3	67-69
A	4.0	85-89		C	2.0	63-66
A-	3.7	80-84		C-	1.7	60-62
B+	3.3	77-79		D+	1.3	55-59
B	3.0	73-76		D	1.0	50-54
B-	2.7	70-72		F	0.0	00-49

COURSE SCHEDULE/TENTATIVE TIMELINE:

	TOPIC	ASSIGNMENTS & DUE DATES
Feb 27	<ul style="list-style-type: none"> Course Overview What is mental health? Terminology 	
March 6	<ul style="list-style-type: none"> Types of mental disorders, part 1 	Quiz 1
March 13	<ul style="list-style-type: none"> Suicide Prevention presentation: (Community Helpers: Buffy) 	Quiz 2
March 20	<ul style="list-style-type: none"> Types of mental disorders, part 2 	Quiz 3
March 27	<ul style="list-style-type: none"> Types of mental disorders, part 3 	Quiz 4 Infographic Research Project Due
April 3	<ul style="list-style-type: none"> Self-care 	Final Test

**days highlighted in yellow are mandatory in-person days (no high-flex)*

STUDENT RESPONSIBILITIES:

NWP expects students' conduct to be in accordance with basic rights and responsibilities. Please refer to the NWP calendar regarding rights and responsibilities.

STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Calendar at [https://www.nwpolytech.ca/programs/calendar/or the College Policy on Student Misconduct:](https://www.nwpolytech.ca/programs/calendar/or%20the%20College%20Policy%20on%20Student%20Misconduct)

Plagiarism and Cheating at <https://www.nwpolytech.ca/about/administration/policies/index.html>.

****Note:** all Academic and Administrative policies are available on the same page.

DEPARTMENT OF EDUCATION EXPECTATIONS FOR STUDENT LEARNING

It is the right of the student and of the instructor to a favorable learning/teaching environment. It is the responsibility of the student and the instructor to engage in appropriate adult behaviors that positively support learning. This includes treating others with dignity and respect and following the expectations outlined below.

CLASSROOM

Regular, PUNCTUAL attendance for classes

- Learning from other students' notes or from MyClass is not optimal.
- If you are late to a class, you miss important information about assignments, homework and quizzes. It is also disruptive to other students' learning
- If you miss a class, refer to MyClass or check in with another student.

Children are not considered to be part of the learning environment, please make alternate arrangements for your child(ren).

Turn off cell phones and close other tabs/applications on your device

- Studies indicate that cell phones not only interfere with your learning, but also the students around you.

QUIZZES/EXAMS

Write quizzes on the date and time they are scheduled.

- If an emergency arises that causes you to be unable to write the quiz, please call or email your instructor to leave a message BEFORE the exam begins.

ASSIGNMENTS

Hand in assignments via MyClass on the date indicated.

- Instructors reserve the right to make exceptions to this rule in extenuating circumstances on a case by case basis.

- ALL assignments will be typed, double-spaced (or follow the provided template) and will include a cover page with your name, course number and assignment name.

OUTSIDE OF CLASS

- Complete assigned readings and assignments, regularly review material, check MyClass frequently.