

**Grande Prairie Regional College  
ARTS, COMMERCE & EDUCATION**

**TY1020: Transition Year Program 1 (0-0-3) UT (2)  
Winter 2002**

**Successful Transition and Academic Readiness Training**

**The First Year Experience**

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**BRIEF COURSE DESCRIPTION:**

This course builds on curricula introduced in TY1010. Topics relevant to successful academic performance such as study skills, learning strategies, and use of campus resources are further explored. Stress management and career planning are addressed. Cultural components of Aboriginal life will augment the academic content.

**TIME:**

**COURSE REQUIREMENTS:**

Assessment will be based on assignments given in class and attendance. Attendance is mandatory and class participation is as important as assignments and examinations. A major portion of this course relies on self-directed learning. Each un-excused absence may result in a 5% decrease in your final grade.

**Week One**

1. Welcome back! Review of our successes in University 101. Students will set up individual study plans.

**Week Two**

1. Students will discuss long time career choices and short term summer jobs and further develop a peer support network.
2. Students will explore and learn ways of accessing various library resources.
3. Review of homework from assigned courses.

4. Students will attend Circle of Aboriginal Students held every Wednesday from 1 p.m. to 2:30 p.m. in the Native Friendship Centre (B205).

### **Week Three**

1. Scholarships and funding information will be distributed. Individual students receive on-on-one tutoring for essay assignments and when with appropriate science and math instructors.
2. Review of homework from assigned courses.
3. Students will attend Circle of Aboriginal Students held every Wednesday from 1 p.m. to 2:30 p.m. in the Native friendship Centre (B205).

### **Week Four**

1. TYOSTART students will prepare and submit a resume suitable for summer employment. Individual students will receive on going one-on-one tutoring with core subjects.
2. Review of homework from assigned courses.
3. Students will attend Circle of Aboriginal Students held every Wednesday from 1 p.m. to 2:30 p.m. in the Native Friendship Centre (B205).

### **Week Five**

1. The calendar for the University of Alberta, University of Calgary and Grande Prairie Regional College will be studied, compared and contrasted.
2. Review of homework from assigned courses.
3. Student will attend Circle of Aboriginal Students held every Wednesday from 1 p.m. to 2:30 p.m. in the Native Friendship Centre (B205).

### **Week Six**

1. Budgeting skills will be addressed. Students will prepare for mid-terms and further develop their peer support group.
2. Review of homework from assigned courses.
3. Students will attend Circle of Aboriginal Students held every Wednesday from 1 p.m. to 2:30 p.m. in the Native Friendship Centre (B205).

### **Week Seven**

1. Students will attend an AExam Tips for Success@workshops. TYSTART students will practice stress management techniques.
2. Review of homework assigned from other courses.

3. Students will attend Circle of Aboriginal Students held every Wednesday from 1 p.m. to 2:30 p.m. in the Native Friendship Centre (B205).

### **Week Eight**

1. Students will participate in mid-term exams. Maintaining the right attitude toward your course, the instructors and classmates will be stressed.
2. Review of homework assigned from other courses.
3. Students will attend Circle of Aboriginal Students held every Wednesday from 1 p.m. to 2:30 p.m. in the Native Friendship Centre (B205).

### **Week Nine**

1. WINTER BREAK BEGINS

### **Week Ten**

1. TYPSTART students will complete an action plan for course work that will successfully carry them through final exams.
2. Review of homework assigned from other courses.
3. Students will attend Circle of Aboriginal Students held every Wednesday from 1 p.m. to 2:30 p.m. in the Native Friendship Centre (B205).

### **Week Eleven**

1. Students will be instructed to select the courses they will need for the following year. Students will be assisted in arranging funding for their upcoming academic year.
2. Review of homework assigned from other courses.
3. Students will attend Circle of Aboriginal Students held every Wednesday from 1 p.m. to 2:30 p.m. in the Native Friendship Centre (B205).

### **Week Twelve**

1. A field trip is planned to visit fellow TYPSTART students at the University of Alberta.
2. A pot luck dinner will be held at the Native Friendship Centre, GPRC.
3. Review of homework from other assigned classes.
4. Students will attend Circle of Aboriginal Students held every Wednesday from 1 p.m. to 2:30 p.m. in the Native Friendship Centre (B205).