



## DEPARTMENT OF ACADEMIC UPGRADING

### COURSE OUTLINE – FALL 2012

#### VS 105 – SUCCESSFUL LIVING SKILLS PRACTICUM I – 9.0(3-0-17) 320 HOURS

**INSTRUCTOR:** Rodger Woolridge      **PHONE:** 780-835-6722  
**OFFICE:** FPS 110      **E-MAIL:** rwoolridge@gprc.ab.ca

**OFFICE HOURS:** Monday/Tuesday 4:00 pm to 5:00 pm  
Wednesday/Thursday/Friday 1:00 pm to 5:00 pm

**PREREQUISITE(S)/COREQUISITE:** N/A

#### **REQUIRED TEXT/RESOURCE MATERIALS:**

The Successful Living Skills Practicum course is conducted primarily in the student's home. Students living on campus will have instructors provide instruction and support in their apartment or townhouse. Students living off campus will have an instructor facilitate their learning with most of the support provided by the cooperating host family.

#### **CALENDAR DESCRIPTION:**

This course provides onsite support for the development of successful independent living skills for those students living on-campus or for off-campus students who require additional support. This first term course will focus on adjusting to the college environment and independent living. Course elements include onsite application of the skills learned in VS 100.

#### **CREDIT/CONTACT HOURS:**

VS 105 is a 9 credit course including one suite meeting per week and credit for evening program participation.

**DELIVERY MODE(S):**

VS 105 is a lab/seminar based course. Students will be expected to manage all aspects of community living and will be evaluated on how independently they function.

**OBJECTIVES (OPTIONAL):**

1. Students will apply the independent living skills introduced in VS 100.
2. Students will apply basic household maintenance skills.
3. Students will develop a budget plan and live within the plan they develop.
4. Students will apply good consumer skills.
5. Students will apply effective communication and conflict resolution skills necessary for successful independence.
6. Students will develop a personal support network in Fairview by completing a community involvement contract.

**TRANSFERABILITY:**

**\*\* Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

**GRADING CRITERIA:**

Your final VS 105 mark will be based on your performance in the following areas.

<b>Evaluation:</b>	Household Maintenance Skills	.....	20%
	Budgeting Skills	.....	20%
	Consumer Skills	.....	20%
	Conflict Resolution & Problem Solving Skills	.....	20%
	Community Involvement Skills	.....	20%

Percentage grades for academic performance will be converted to a letter grade using the Grading Conversion Chart below. Practical skills will be assessed using the following descriptions.

- A Student uses the skill or task consistently without assistance at an excellent level.
- B Student uses the skill or task without assistance and rarely needs reminders.
- C Student uses the skill or task, but needs reminders or some help.
- D Student does not normally complete the skill or task without support.
- F Student is unable or unwilling to do the skill or task and will not accept support to complete task.

<b>GRANDE PRAIRIE REGIONAL COLLEGE</b>			
<b>GRADING CONVERSION CHART</b>			
<b>Alpha Grade</b>	<b>4-point Equivalent</b>	<b>Percentage Guidelines</b>	<b>Designation</b>
<b>A<sup>+</sup></b>	<b>4.0</b>	<b>90 – 100</b>	<b>EXCELLENT</b>
<b>A</b>	<b>4.0</b>	<b>85 – 89</b>	
<b>A<sup>-</sup></b>	<b>3.7</b>	<b>80 – 84</b>	<b>FIRST CLASS STANDING</b>
<b>B<sup>+</sup></b>	<b>3.3</b>	<b>77 – 79</b>	
<b>B</b>	<b>3.0</b>	<b>73 – 76</b>	<b>GOOD</b>
<b>B<sup>-</sup></b>	<b>2.7</b>	<b>70 – 72</b>	
<b>C<sup>+</sup></b>	<b>2.3</b>	<b>67 – 69</b>	<b>SATISFACTORY</b>
<b>C</b>	<b>2.0</b>	<b>63 – 66</b>	
<b>C<sup>-</sup></b>	<b>1.7</b>	<b>60 – 62</b>	
<b>D<sup>+</sup></b>	<b>1.3</b>	<b>55 – 59</b>	<b>MINIMAL PASS</b>
<b>D</b>	<b>1.0</b>	<b>50 – 54</b>	
<b>F</b>	<b>0.0</b>	<b>0 – 49</b>	<b>FAIL</b>
<b>WF</b>	<b>0.0</b>	<b>0</b>	<b>FAIL, withdrawal after the deadline</b>

**EVALUATIONS:**

Students will be assessed at the end of the term based on their level of independence.

**STUDENT RESPONSIBILITIES:**

Students are responsible for their own learning and for ensuring they do not interfere with the learning of others. If you have any difficulties or need help meeting any program expectations; please speak with one of your instructors as soon as you can.

We expect all students to strive to meet two basic expectations:

**Participation:** Students must have 100% attendance and punctuality for all program activities. This includes classes, work practicum, evening program commitments, community involvement activities, and any appointments with program staff or others. If it becomes necessary for you to miss or come late to any activity students are expected to advise their instructor as soon as possible. If the instructor agrees the change is necessary and appropriate notice was given students will be treated as though they did attend.

**Respect:** Students are expected to conduct themselves respectfully in regards to classmates, instructors, college staff, coworkers and supervisors at their job practicum, community members, and themselves. This includes behaving in a manner that does not distract students involved in any program activity. Examples include: no cell phones at any class activity, being on time for class or other activities.

#### **STATEMENT ON PLAGIARISM AND CHEATING:**

Refer to the Student Conduct section of the College Admission Guide at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at [www.gprc.ab.ca/about/administration/policies/\\*\\*](http://www.gprc.ab.ca/about/administration/policies/**)

\*\*Note: all Academic and Administrative policies are available on the same page.

#### **COURSE SCHEDULE/TENTATIVE TIMELINE:**

**Class Schedule:** Student Schedule will vary according to class and work commitments. Students are expected to complete their community living tasks on a daily basis.