



DEPARTMENT OF ACADEMIC UPGRADING

COURSE OUTLINE – WINTER 2011

VS 200 INDEPENDENT LIVING SKILLS II – 5.5(6-0-0) 96 HOURS

INSTRUCTOR: Kris Hvamb **PHONE:** 780-835-6679
OFFICE: FPS 106 **E-MAIL:** khvamb@gprc.ab.ca

OFFICE HOURS: Monday to Friday 9:00 am to 5:00 pm

PREREQUISITE(S)/COREQUISITE: N/A

REQUIRED TEXT/RESOURCE MATERIALS:

Handouts for course material will be provided. You will also need: a 2” Binder, loose leaf paper, pen/pencil, and a basic calculator.

CALENDAR DESCRIPTION:

Students will develop and consistently demonstrate effective skills in the areas identified in VS 100. Course content and emphasis will be on individualized learning goals, which enable the student to concentrate on the development of skills most critical for achieving independence. By the completion of the course, students will have prepared personalized plans for successful community living after college.

CREDIT/CONTACT HOURS:

VS 200 is a 5.5 credit course including 6 hours of class each week.

DELIVERY MODE(S):

VS 200 is a lecture/discussion based course. There will be projects and assignments that need to be completed in the evenings with input from your evening program

instructor and/or roommates. Students may be required to attend activities or workshops that deal with VS 200 topics on evenings or on weekends. Students will be given as much advance notice as possible when evening or weekend activities come up.

OBJECTIVES:

1. Students will continue to build on independence skills introduced in VS 100.
2. Students will plan and prepare for their adult lives after graduation.
3. Students will recognize that the Landlord/Tenants Act protects their rights as renters, and express knowledge of rental and lease agreements.
4. Students will identify various accommodation options and seek and apply for accommodation in their home communities for their final placement where appropriate.
5. Students will identify financial, recreational, learning, and counseling & crisis intervention resources in Fairview and locate parallel resources in their own community.

TRANSFERABILITY:

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

GRADING CRITERIA:

Your final VS 200 mark will be based on your academic performance and on how independently you demonstrate community living skills as listed below.

Evaluation:	Academic Performance	20%
	30% projects & assignments		
	30% quizzes & unit tests		
	40% final exams		
	House Hold Management Skills	20%
	25% Meal Preparation		

25% Laundry		
25% Food Safety		
25% House Cleaning		
Consumer Skills	20%
25% Financial Planning (making a plan)		
25% Budgeting (following a plan)		
25% Consumerism (buying things)		
25% Living Accommodations		
Socialization	20%
25% Personal Communication		
25% Community Awareness		
25% Recreation & Leisure		
25% Community Involvement		
Personal Development	20%
20% Problem Solving		
20% Personal Wellness		
20% Personal Support Networks		
20% Personal Planning		
20% Follow Through		

Percentage grades for academic performance will be converted to a letter grade using the Grading Conversion Chart below. Practical skills will be assessed using the following descriptions.

- A Student uses the skill or task consistently without assistance at an excellent level.
- B Student uses the skill or task without assistance and rarely needs reminders.

- C Student uses the skill or task, but needs reminders or some help.
- D Student does not normally complete the skill or task without support.
- F Student is unable or unwilling to do the skill or task and will not accept support to complete task.

GRANDE PRAIRIE REGIONAL COLLEGE			
GRADING CONVERSION CHART			
Alpha Grade	4-point Equivalent	Percentage Guidelines	Designation
A⁺	4.0	90 – 100	EXCELLENT
A	4.0	85 – 89	
A⁻	3.7	80 – 84	FIRST CLASS STANDING
B⁺	3.3	77 – 79	
B	3.0	73 – 76	GOOD
B⁻	2.7	70 – 72	
C⁺	2.3	67 – 69	SATISFACTORY
C	2.0	63 – 66	
C⁻	1.7	60 – 62	
D⁺	1.3	55 – 59	MINIMAL PASS
D	1.0	50 – 54	
F	0.0	0 – 49	FAIL
WF	0.0	0	FAIL, withdrawal after the deadline

EXAMINATIONS:

The final exam will be on Tuesday April 19th from 9 am until noon.

STUDENT RESPONSIBILITIES:

Students are expected to complete all assignments on time. If you need extra time or help completing course material it is your responsibility to meet the instructor who assigned the work as soon as possible.

Students are responsible for their own learning and for ensuring they do not interfere with the learning of others. If you have any difficulties or need help meeting any program expectations; please speak with one or your instructors as soon as you can.

We expect all students to strive to meet two basic expectations:

Participation: Students must have 100% attendance and punctuality for all programs activities. This includes classes, work placements, evening program commitments, community involvement activities, and any appointments with program staff or others. If it becomes necessary for you to miss or come late to any activity students are expected to advise their instructor as soon as possible. If the instructor agrees the change is necessary and appropriate notice was given students will be treated as though they did attend.

Respect: Students are expected to conduct themselves respectfully in regards to classmates, instructors, college staff, coworkers and supervisors at their job placements, community members, and themselves. This includes behaving in a manner that does not distract students involved in any program activity. Examples include: no cell phones at any class activity, being on time for class or other activities.

STATEMENT ON PLAGIARISM AND CHEATING:

Please refer to pages 49-50 of the College calendar regarding plagiarism, cheating and the resultant penalties. These are serious issues and will be dealt with severely.

COURSE SCHEDULE/TENTATIVE TIMELINE:

Class Schedule: Classes will be on Mondays and Tuesdays from 9:00 am until noon.

Course Schedule: Due dates for tests, quizzes, and assignments will be announced in class and be held during regular class periods.